

# The Advertiser Magazine

July 2023



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# The Advertiser Magazine

THE Advertiser Magazine is published every month, except for January. It is bursting with useful adverts for a broad range of businesses located in Mojacar, Garrucha, Vera Playa, Antas, Los Gallardos, Bedar, Turre, Albox, Alfoquia and Zurgena.

Hugely popular with readers, the magazine is known for its photographic reporting of local events. It also contains articles written by the local community, for the local community.

A minimum of 5,000 copies of the advertiser are printed each and every month and delivered to over 200 local distribution points as well as to all of our advertisers.

The Advertiser magazine is also available to download from our website

www.advertisermojacar.com and approximately 2,500 downloads are recorded each month.

This means that you can always get a copy.

To advertise please get in touch using the details below.

**Editor: Andrew Goth & Cheryl Woods**

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## Welcome to July's issue of the Advertiser Magazine

I can hardly believe that half of 2023 is already behind us. The months seems to be passing as quickly as days at the moment. June was a fun-filled month of celebrations with the Moors and Christians, San Juan and the usual start of summer celebrations.

July is a month for beach or pool days, busy traffic and lots and lots of people. Although it can be stressful, we have to remember that one cannot live in a seaside paradise and not expect an influx of people in the summer months. We are spoiled for choice with the vast and varied selection of bars and eateries, they exist mainly due to the tourist trade.

This issue is packed with your usual favourite articles and some amazing photos of the spectacular Moors & Christians parade. We also have lots of new advertisers in this issue. Please do try to shop local where possible to keep our community thriving.

A massive thank you as always to all of our contributors, advertisers and of course you, our readers. Stay cool throughout July!

*Andrew & Cheryl*

## Local Market Days

### MONDAY

- \* Antas
- \* Huercal Overa
- \* Vera Playa

### TUESDAY

- \* Albox
- \* Cuevas de Almanzora
- \* Los Gallardos

### WEDNESDAY

- \* Cantoria
- \* Lubrin
- \* Mojacar
- \* Palomares
- \* Velez Blanco

### THURSDAY

- \* Carboneras
- \* Cuevas del Almanzora
- \* Huercal Overa
- \* Lorca
- \* Olula del Rio
- \* Purchena
- \* Sorbas

### FRIDAY

- \* Chirivel
- \* Garrucha
- \* Taberno
- \* Turre
- \* Uleila del Campo
- \* Zurgena

### SATURDAY

- \* Aguilas
- \* Albox
- \* Arboleas
- \* Tijola
- \* Velez Rubio
- \* Vera

### SUNDAY

- \* Fines
- \* La Alfoquia
- \* Oria
- \* San Juan de los Terreros
- \* Villaricos





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Sat 1	-	10:30pm
Sun 2	-	12:30pm
Sun 2	-	4:45pm
Sun 2	-	9pm
Mon 3	-	
Tue 4	-	8pm
Wed 5	-	8pm
Wed 5	-	10pm
Thu 6	-	8pm
Thu 6	-	10:30pm
Fri 7	-	8pm
Fri 7	-	10:30pm
Sat 8	-	8pm
Sat 8	-	10:30pm
Sun 9	-	12:30pm
Sun 9	-	4:45pm
Sun 9	-	9pm
Mon 10	-	
Tue 11	-	6pm
Tue 11	-	8pm
Wed 12	-	8pm
Wed 12	-	10pm
Thu 13	-	8pm
Thu 13	-	10:30pm
Fri 14	-	8pm
Fri 14	-	10:30pm
Sat 15	-	8pm
Sat 15	-	10:30pm
Sun 16	-	12:30pm
Sun 16	-	4:45pm
Sun 16	-	9pm
Mon 17	-	
Tue 18	-	8pm
Wed 19	-	8pm
Wed 19	-	10pm
Thu 20	-	8pm
Thu 20	-	10:30pm
Fri 21	-	8pm
Fri 21	-	10:30pm
Sat 22	-	8pm
Sat 22	-	10:30pm
Sun 23	-	12:30pm
Sun 23	-	4:45pm
Sun 23	-	9pm
Mon 24	-	
Tue 25	-	8pm
Wed 26	-	8pm
Wed 26	-	10pm
Thu 27	-	8pm
Thu 27	-	10:30pm
Fri 28	-	8pm
Fri 28	-	10:30pm
Sat 29	-	8pm
Sat 29	-	10:30pm
Sun 30	-	12:30pm
Sun 30	-	4:45pm
Sun 30	-	9pm
Mon 31	-	

NUMBER ONE EUROPEAN ELVIS TRIBUTE ACT  
CLUB NIGHT WITH DJUDE  
SUNDAY CLASSICAL BRUNCH  
BEATLES FOR YOU - TRIBUTE  
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MAD ON BLONDE  
JACK LAW  
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ASHLEY  
CLUB NIGHT WITH DJUDE  
ABBA SOLUTELY FABULOUS  
70S 80S 90S DISCO WITH DJ CARL  
GEORGE MICHAEL & TOM JONES TRIBUTE  
CLUB NIGHT WITH DJUDE  
SUNDAY CLASSICAL BRUNCH  
ESSENCIAL  
FUN DISCO KARAOKE  
SPORTS & COCKTAIL BAR OPEN FROM 5pm  
GENERAL KNOWLEDGE QUIZ WITH SIMON JAMES  
ASHLEY  
JACKY DEL MUNDO  
FUN DISCO KARAOKE  
YASTI  
CLUB NIGHT WITH DJUDE  
ESSENCIAL TRIO  
70S 80S 90S DISCO WITH DJ CARL  
MEL J  
CLUB NIGHT WITH DJUDE  
SUNDAY CLASSICAL BRUNCH  
HYSTERIA  
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SPORTS & COCKTAIL BAR OPEN FROM 5pm  
GREG BANNIS (EX HOT CHOCOLATE)  
SKAT  
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MAD ON BLONDE  
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JACKY DEL MUNDO  
CLUB NIGHT WITH DJUDE  
SUNDAY CLASSICAL BRUNCH  
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ESSENCIAL TRIO  
FUN DISCO KARAOKE  
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Now the summer has finally arrived and we are enjoying friends and family visiting, an easy summertime afternoon tea treat is the order of the day. This is a very popular option on our Tea menu at La Meseta and is our current cake of the month.

## SUMMER BERRY MINI CAKES

### Ingredients:

250g SR flour  
250g stork or other suitable baking margarine  
250g caster sugar  
4 eggs  
Few drops of vanilla  
150g frozen mixed berries - cut the larger berries in half or quarters  
13x9 inch Swiss roll tin lined with parchment

### Method:

Into a large mixing bowl put all the ingredients except the berries and either beat together with a wooden spoon for 2 to 3 minutes or with an electric whisk or mixer. If you are not making by hand it will only need 30 seconds max on high speed. Transfer to the lined baking tray and spread out evenly. Sprinkle all the berries over the top gently pressing the larger berries down a little. Bake for 30 minutes at 180 degrees until golden and risen and a tooth pick comes out clean.

Leave to cool completely then cover and chill in the freezer for at least an hour. This makes it easier to cut out your mini cakes. Using a 2 inch cutter, cut out your little cakes and then slice in half horizontally. Fill with buttercream - I use lemon buttercream, then pipe a buttercream swirl on the top and decorate with fresh fruit.



## LIMONCELLO SPRITZ

### Ingredients:

These long lazy days require cool refreshing drinks, and nothing says summer like a spritz cocktail. I find aperol spritz a little bitter for my taste so I tried Limoncello instead, and its perfect.

Plenty of ice  
50ml Limoncello  
60ml cava  
30ml soda  
Lemon and mint for garnish

### Method:

Fill a wine glass with ice. Pour over the Limoncello and top up with the cava and soda. Stir with a long spoon, then garnish with lemon and mint. Salud!

*No. 1*  
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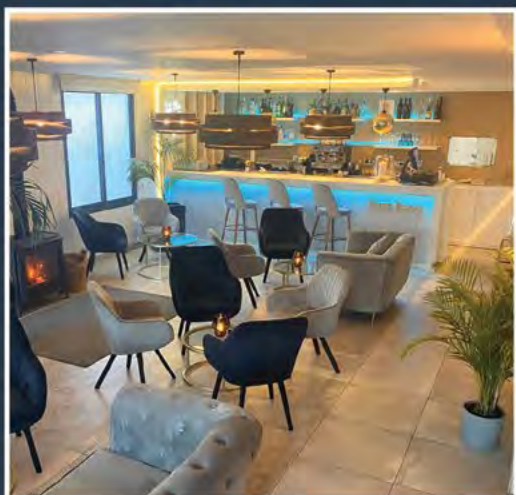
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← W 1 review

★★★★★ 5 days ago NEW

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five  
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The Roof Terrace



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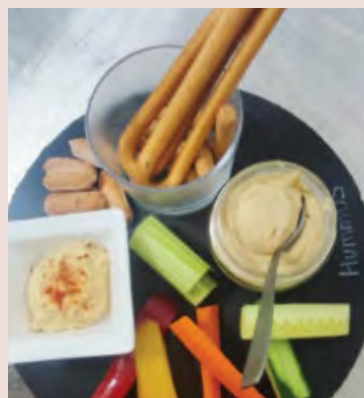
**The Happy Herbivore is a new restaurant located in the beautiful El Palacete Casa Rural in Cuevas Del Almanzora.**

**It is focused exclusively on vegetarian and vegan dining and is the first restaurant in the area to cater solely for this sector of the market.**

It is run by co-owner and director Ellie Hunter who has lived and worked in Spain for 23 years. Being vegetarian herself, Ellie noticed over the years that people frequently enquired on social media for recommendations of where to dine with vegan and vegetarian friends. So she decided to take on the new challenge of opening the restaurant within the existing business of El Palacete Casa Rural. Ellie's background is working in hospitality from bartending, to managing the bars and restaurants on large resorts in Almeria. She brings a wealth of experience to the business which she runs with her small amazing team.

The Happy Herbivore Restaurant is designed to be an all-round experience for the guest, engaging all their senses.

"Requesting a pre-order 24 hours prior to dining allows me to work with the freshest of produce and being privileged to live in this area known as 'the dispenser of Europe', where so many delicious fresh vegetables and fruits are grown. We are spoilt for choice". Ellie explains.



"The menu changes frequently depending upon the seasonal availability of produce." When Ellie first moved to Spain, she remembers the reactions of the locals at the market and restaurants, when they found out she didn't eat meat or fish. "This mind-set is changing slowly, but it can still be a challenge to find a variation of options when dining out as a vegetarian and especially as a vegan" explains Ellie. "Many people seem to believe that being vegetarian or vegan is a limitation - but I don't see this as long as you are open to eating from all of the array of food groups available to us; fruits, vegetables, legumes etc. There is a huge variety of options to be enjoyed, not just by vegans and vegetarians, but by people who include meat and fish in their diet as well".

"Since starting the Herbivore project many people have said to me that 3 or 4 years ago they probably wouldn't have considered dining at an exclusively vegetarian establishment. However, people are becoming more conscious now of the health benefits, as well as the benefits to our planet of eating a more plant based diet, or certainly including more plant based options in our menus".



The El Palacete casa dates back to 1840's and has been completely refurbished, giving the mod-cons of ensuite bathrooms in every room and a lift to all floors, yet still retaining the charm and character of the building and its history. They have recently celebrated their first-year anniversary of the Casa being open for guests.

There is an overall feeling of calm and tranquillity with soft music in the background. Simple décor enhanced by amazing pieces of furniture sourced from different areas of Spain, and spectacular lights add to the uniqueness of the Casa.

There are currently 7 bedrooms which can offer sleeping accommodation for up to 20 people. Rooms include double, triple and family rooms, and the master bedroom has an amazing four poster bed.

The rooms have been individually named after fictitious ladies, each with their own story that is woven with the history of Cuevas Del Almanzora and the surrounding areas. They are all unique in décor and furniture, giving that individual feeling.

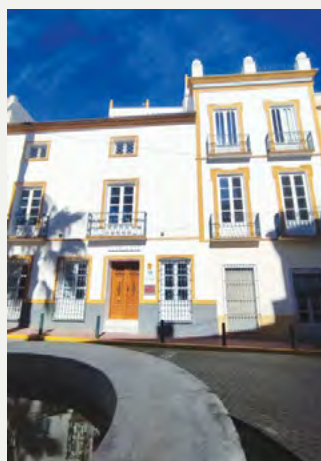
There will soon be an independent 3-bedroom apartment that can sleep 6 that has a staircase that leads up to the Casa spacious roof terrace, which offers unbeatable 360 degrees views of the village, mountains and surrounding areas, and there is plenty of shade to use for yoga and meditation, or to relax by the rooftop pool.

There are plans to open a massage room and use the building for yoga and wellness breaks in the future which will make great use of the calming spaces and the Happy Herbivore menus.

Ellie has set up a communal cafeteria for her guests so there is always access to cold drinks, tea and coffee. In addition, she provides her guests an app that gives them plenty of information of where to eat and drink in the area, as well as places of interest to explore nearby. These include areas such as the caves, and castle of Cuevas, the Go Karting track and the water parks in the area.

So whether you are a Happy Herbivore or a Curious Carnivore looking for a unique place to stay or just to dine out, come and experience our fresh, locally produced vegetarian and vegan food.

**Restaurant open just two days of the week, but please contact us for other times and dates for small groups.**



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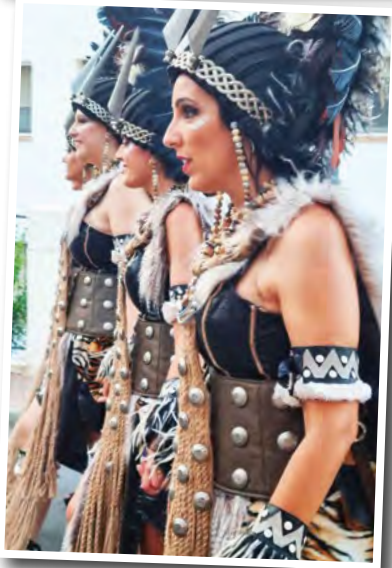
 





# COMMUNITY

The Moors and Christians celebrations took place in Mojácar from the 16th - 18th of June. Although this event is also celebrated in other parts of southern Spain, Mojácar is renowned for its fantastic event. This year didn't disappoint, the costumes were spectacular the entire event was magical. A fantastic time was had by all. Charles Alman (pictured below) has been participating in the Moors & Christians event for 30 years.





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# Welcome to your monthly hair dot com

By Beth Underhill



Each month I look forward to sharing my knowledge of hair care with you. As a Vocational Trainer and Assessor for the examiners SCOTVEC and as a salon owner for over 30 years, my passion is the science of hair and how to respect it using salon chemicals.

I will be giving you some useful tips and advice on how you can protect and care for your hair and how to make the most of your crowning glory.

## Q) HOW LONG SHOULD I LEAVE MY HAIR MASK ON FOR?

After speaking to some of my clients I am surprised to hear that quite a few of them like to leave a hair mask on overnight whilst they are sleeping, it's actually more common than you might think.

While it may seem harmless to put on a hair mask before going to bed to really allow the ingredients of the hair mask to sink in while you sleep, it can actually cause more harm to your hair than good. If you wear a hair mask overnight, you're creating a barrier over the cuticle of the hair, not allowing hair to breathe. Also, some masks have a high level of protein in them, and over-protein use will lead to breakage.

Applying a mask and leaving it on either throughout the day or during the night is still too long a time and can cause the same breakage. To ensure you're not overdoing it read the manufacturer's instructions. Most hair masks stop becoming beneficial after 20 minutes of application, this is enough time for the ingredients to be absorbed into the hair shaft and do their stuff.

## Q) DOES MY HAIR MASK REPLACE MY CONDITIONER?

No, hair masks do not replace a conditioner, each product has its own set of uses and effects.

A conditioner that we use on a daily basis is known as a surface conditioner. A surface conditioner basically coats the surface of the hair, closing down the cuticle, restoring the pH and locking in moisture. It provides light hydration and the manageability you need after every wash. It also helps to detangle your hair. Conditioners can be safely used every time that you wash your hair, ensuring that you rinse out all of the residue as any remaining conditioner can cause allergies and an itchy scalp.

Hair masks have all the benefits of a conditioner but also give your hair deeper hydration and more substantial hair repair. If you use a hair mask every day in place of your conditioner, you could end up with lifeless strands of hair.

A hair mask should be used once a week to once a month depending on how dry and or damaged your hair is. If in any doubt please ask your hairdresser what would be the best options for your hair type, texture and condition.

## Q) WHAT WOULD BE THE BEST CONDITIONER FOR MY FINE HAIR?

I always recommend a spray leave-in conditioner for hair that is fine as this type of conditioner is easily absorbed into fine hair and does not leave a residue which can lay heavy on fine hair. A surface conditioner is way too heavy and can make the hair hard to manage. There are a variety of leave-in conditioners that come in many forms from sprays to foams. If in any doubt, talk to your hairdresser and get the best advice for your hair.

Thank you for your questions and I look forward to reading many more.



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## COLOUR IS LIFE, JOY & FUN!

**Did you know that colour in fashion can influence your mood? The colours we choose affect us more than we know – and they have meanings beyond simple visual stimulation. Some studies even suggest that we "feel" colors more than we see them.**

Now, there isn't a one-size-fits-all approach to colour psychology. The way some colours can affect people also has to do with their individual experiences and perceptions.

"Dopamine Dressing" - choosing clothing that lifts/alters your mood, sending messages to neurons in your brain triggering a boost of dopamine (happy hormones).

**ORANGE:** Like red, orange draws attention and energy, but unlike intense red, it's a little more soothing. Orange will help put you in a positive, energetic mood if you have the coloring to work it.

**RED:** The colour red empowers and draws attention. It's strongly associated with romance and passion, making it a perfect date-night color.

**YELLOW:** Sunny shades of yellow are the perfect thing to cheer you up on a bad day, so if you're feeling down, wearing yellow could help perk you back up. Yellow is also associated with intelligence and inspiration.

**GREEN:** Shades of green are calm and soothing and are associated with nature and the outdoors. Green is also refreshing and has been found to reduce stress in those who look at it.

**BLUE:** Blue is a color that can be both peaceful and calming as well as cold and standoffish. If you're feeling stressed out, the color blue can help you feel more relaxed.

**PURPLE:** Regal and sophisticated, purple is associated with creativity and luxury and can boost your energy level when you see it. It's often associated with spirituality and intuition.

**PINK:** Of course, we all know pink as the true girly girl's favorite colour, but it's also associated with romance and happiness. Pink is very calming.

**WHITE:** It reflects light and is also associated with peace, innocence, simplicity, and cleanliness. Wear white when you want to bring out any other colors you're wearing.

**BLACK:** Signifies power, seriousness, authority, and responsibility ...black is also a color that will give you some rocker-chick edge.

**Fact:** Your emotional state plays a huge role in your outfit choices even if you are

not consciously aware of it. Whether you woke up feeling ready for everything or the exact opposite, the clothes you picked will be a direct reflection of your mood.

"Clothing doesn't just influence others, it reflects and influences the wearer's mood," reported Dr. Karen Pine after she examined the connection between women's emotional states and what they wore. "Many women felt they could alter their mood by changing what they wore".

### Colour combos that work together:

NAVY & ORANGE, BLUSH & BURGUNDY, GREEN & YELLOW, BLUE & PINK, RED & FUCHSIA, TEAL & GREEN & BLUE, YELLOW & GREY, CAMEL & BLACK, PURPLE & LIME

Make sure your base colour dominates and the other two colors highlight, not overwhelm. Be wary of choosing colours that are too closely related, as they may blend and wash out your outfit.

The general rule of thumb is that skin with cool undertones looks best with greys, browns, blues, greens, and purples whilst warm undertones look best with either bright or light colors. And skin with neutral undertones looks great in bold, bright colors

As you look at the veins at the back of your wrist, check to see if you have blue or green veins. Blue veins signal that you have a cool skin tone, whereas green shows veins that you have a warm skin tone. If you can't tell then you likely have a neutral skin tone.

Finding what colour suits you best is really about finding the right shade. Experts say you can wear nearly any color, but placement, (as in where you wear it on the body and how you wear it) alongside the exact hue is the real trick.

Colour attracts attention and creates an emotional connection.



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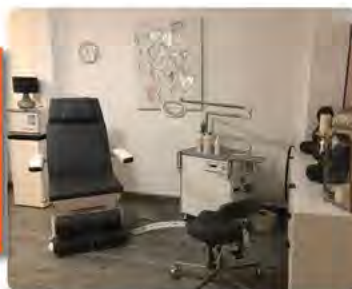
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# What's the problem

At the Advertiser magazine, we recognise that everyone needs to reach out for advice now and then. Seeking the help of someone who can not only offer a completely objective point of view but, is also qualified to advise you, may not always be possible.

*We are delighted to be able to offer the services of a qualified counsellor and psychotherapist, Theresa Wood, to answer any of our readers issues or problems.*

Hi Theresa

I don't know if you can help me as I don't really know what help I need. We are in our late 70's, my husband is a bit older than I. He has developed Alzheimer's and I know a lot of people are living with this but I feel so isolated and scared. My husband has always been a great husband and was a good and kind Father. The reality of my situation is that I am now looking after a man who doesn't know me at all. He often points to our wedding picture of 50 years ago and tells me about his wife and how beautiful she is and he keeps asking for her, it breaks my heart every day. Today he asked me if I could go so his wife could come back. I know he's not well and he doesn't mean to hurt me, but I can't cope.

Edith

Dear Edith

I'm so sorry you have lost your husband and I'm not making a mistake by saying that. You have lost him which means you are now in a period of grief for the husband you had for so many years. If your lovely husband had died you would now be a lot gentler with yourself than you are now. You also, at your age, would not take on a job of carer for someone doing three eight hour shifts a day, 7 days a week. You need help, real, practical, dependable help. You mention you have children, perhaps if you're honest with them they can help more, but professionals would be better. Please don't think you are giving up on him, you would actually be getting him a fresh, trained carer every eight hours. Your husband would be getting you back as his wife to chat too, not as an exhausted carer. I hope you will consider some of the options available.

Take care love.

Theresa

**We posted this question on a confidential facebook group.**

**The answers we received were varied.  
Here are some of them...**

I knew someone in a very similar situation and they created a photo album of their lives together, from the wedding day to current day. The wife would go through it with the husband showing him how they had both changed throughout their marriage to where they were in that point in time, which did seem to help a little.

Please do seek support from an Alzheimer / Dementia organisation even if it's online so that they can give you guidance and be there as a much-needed support for you. Sending healing love to you Edith.

Jyoti

My heart goes out to you Edith. My mum has dementia and always smiles when I visit but she doesn't always know who I am. It's heartbreaking. I just keep reminding myself that my real mums in there somewhere and I remember who she once was and some of the characteristics she still shows. You will definitely need help if only to give you a break. Remember when he says how lovely his wife is, it's still you that he's talking to he just doesn't recognise the face but he knows the kind voice and the love you show him. You will be forever young in his eyes. Take care of yourself too xx

Helen

How sad, you can't cope alone. You both need help - can you not reach out to various groups for assistance - and in helping your husband they will be helping you?

Janice

What a really difficult situation for you. Are there any family members that could maybe offer you a "break" or support when things get on top of you? Failing that, can you reach out to any local organisations for help. Are you or your husband ex-forces? There may be some help available with some of the welfare groups? Xx

Jan

## Editor's Note:

Stepping Stones is a local group run by Frances Davis to offer support to carers. This is their bio:

Caring for a loved one can be a lonely uphill struggle and often leaves us feeling isolated from normal everyday activities. We at Stepping Stones know this only too well from personal experiences.

We are a group of carers their dependents and volunteers who meet every Thursday at the hall in Turre between 11am and 2pm. Refreshments and a light lunch are served in a friendly and informative atmosphere.

We enjoy various fun activities as well as offering professional help and plenty of support should you want it.

Come and join us and enjoy a few hours of relaxation amongst like-minded friends. If you find travelling difficult, we can arrange transport for you.

All are welcome at Stepping Stones and whether a carer wishes to stay with their charge or leave them in our care for a couple of hours makes no difference. Just let one of the volunteers know when you arrive.

We meet at Turre Evangelical Church on the main Road from Mojacar at 11am every Thursday.

Search Stepping Stones Carers Support on Facebook for more information.

**Theresa Wood M.I.A.C.P. - M.Phil. Psychoanalysis - Bsc. Counselling & Psychotherapy**

**Would you like to ask for Theresa's advice? Email in confidence at: [theresa@advertiseremojacar.com](mailto:theresa@advertiseremojacar.com)**



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# LifeStyle

## SUMMER THINGS TO DO

by Brad H

Welcome to Summer, my friends. The time of year that we all look forward to, unless you're sun allergic. This beautiful area that we live and visit, standing next to the wonderful blue Med Sea, gives us an abundance of activities to check off. Let's hope you have enough time!

### LET'S GET SANDY!

For beach enthusiasts, the stunning coastline presents endless opportunities to bask in the sun, take refreshing dips in the azure waters, or sculpt amazing sandcastles. Personally, I've found that this is much more acceptable when you have kids with you, even better when they're yours.

And who doesn't love the feeling of sand sticking to every inch of their body, long after leaving the beach? It's like an extended souvenir of your vacation. For those people who want to avoid sand, there are a number of pebble beaches around and the water is usually even clearer, but your sandcastles will be terrible.

Now, let's talk about scuba diving and snorkeling, shall we? If you're not afraid of encountering creatures that could give you nightmares for weeks, feel free to dive into the depths of the sea. Explore the waters, where you can swim with jellyfish, dodge the occasional shark (just kidding... maybe), and marvel at the stunning beauty of our rocky reefs.

### LOOKING FOR SOMETHING DIFFERENT?

We can't forget about the exquisite desert landscapes of the Levante area. Who needs lush greenery and shade when you can bask in the desert heat and feel like you've been transported to the set of a Western movie? Tabernas and the two theme parks offer a great day out! Just make sure to bring extra water and



maybe a compass, so you don't get lost in the vast emptiness.

If you're seeking a break from the water and the desert, fear not. The region has a wide array of activities to suit every taste. How about exploring ancient ruins and historical sites? Take a journey back in time as you visit the mesmerizing archaeological sites scattered throughout the area. Immerse yourself in the rich history and culture of the Mediterranean. You can then be like me and tell everyone you know: "P\*\*\* off, I'm cultured".

For the nature lovers among us, hiking and mountain biking trails are abundant. Lace up your boots or hop on a bike and venture into the breathtaking mountain ranges that surround us. Explore hidden trails, soak in the stunning vistas, and experience the thrill of being at one with nature.

### CHICKEN NUGGETS, PLEASE.

For the foodies, indulge in the local cuisine that tantalizes the taste buds with its Mediterranean flavours. From fresh seafood dishes to delectable tapas, there's something to satisfy every palate. What can be better than a beer and tapa, or 2, or 7?

Don't forget the vibrant nightlife that comes alive during the summer months. From beach clubs to rooftop bars, the region offers a pulsating nightlife scene. There's always live music playing somewhere, or karaoke! Hi Kenny, sorry about last night - I thought I could pull it off.

Get out there and enjoy!!

If you have any feedback for me, to dispute, argue, agree, support, harass or to pinch, flick me an email [bradh\\_os@hotmail.com](mailto:bradh_os@hotmail.com)

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# just for laughs

My boss told me to  
have a good day...  
...so I went home.

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After a prolonged drought when the rain came, all the animals in the forest were happy except the Kangaroo. When the others asked him what the reason was for such sadness, the Kangaroo revealed that the rain meant that all its kids would now be playing inside.

I know a lot of jokes  
about unemployed  
people but none of  
them work.

FUNNY JOKES - WWW.PUN.ME

My boss was honest with me today. He pulled up to work with his sweet new car this morning and I complimented him on it. He replied, "Well, if you work hard, set goals, stay determined and put in long hours, I can get an even better one next year."

During my check-up I asked the Doctor, "Do you think I'll live a long and healthy life then?" He replied, "I doubt it somehow. Mercury is in Uranus right now." I said, "I don't go in for any of that astrology nonsense." He replied, "Neither do I. My thermometer just broke."

My girlfriend and I are trying this whole "long distance relationship" thing. I have to stay 100 feet away from her at all times. Also, the police say I should stop referring to her as my girlfriend.

Today at the bank, an  
old lady asked me to  
help check her balance.

So I pushed her over.

FUNNY JOKES - WWW.PUN.ME

The wife and I took a long, leisurely drive out to the country and pulled over to fill up our car's gas tank and tires... She was surprised to see that the station had a fee to fill the tires and asked me, "Why in the world do they charge for AIR?!" I responded, "Inflation."

Parallel lines have so  
much in common.

It's a shame they'll  
never meet.

FUNNY JOKES - WWW.PUN.ME

I don't want to brag, I  
finished the puzzle in  
under a week and it said  
2-4 years on the box.

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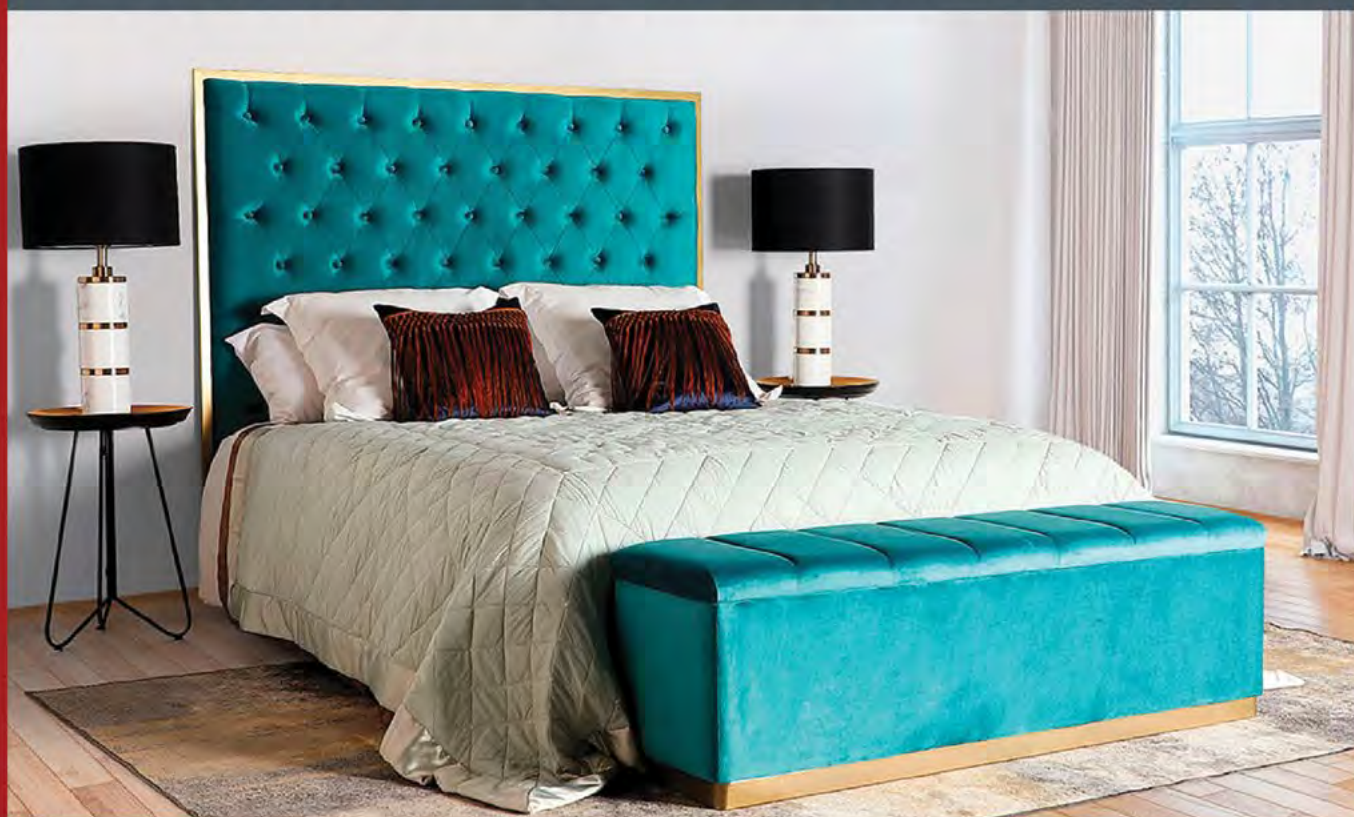
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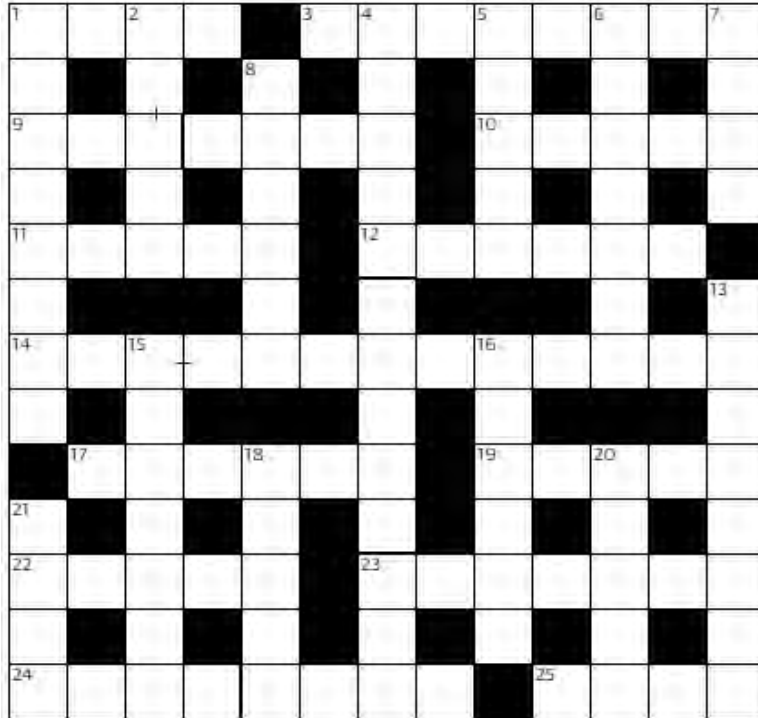
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## Cross Word



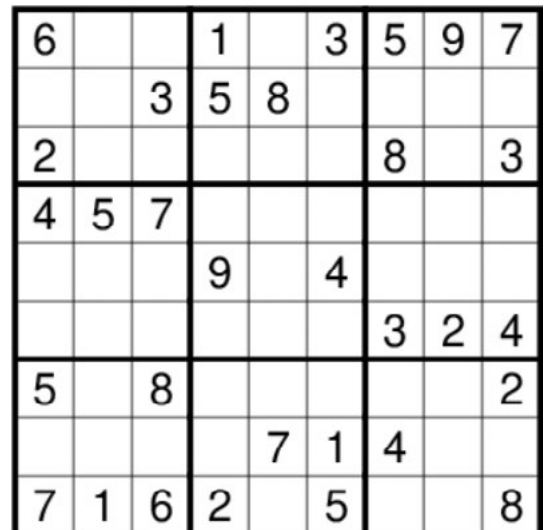
### ACROSS

- 1 State of extreme poverty (4)
- 3 Aniston, Lopez or Saunders (8)
- 9 A creative movement breaking with tradition (3,4)
- 10 Evil spell (5)
- 11 Left-leaning (informal) (5)
- 12 Beefeater — one may (anag) (6)
- 14 Member of an small group formed in 1848 to oppose the dominant conventions of the Victorian art world (3-10)
- 17 Sour (6)
- 19 Toughen — acclimatise (5)
- 22 Pulsating pain (5)
- 23 Dog cross-bred from a greyhound for racing (7)
- 24 They have an answer for everything (4,4)
- 25 Small-headed nail (4)

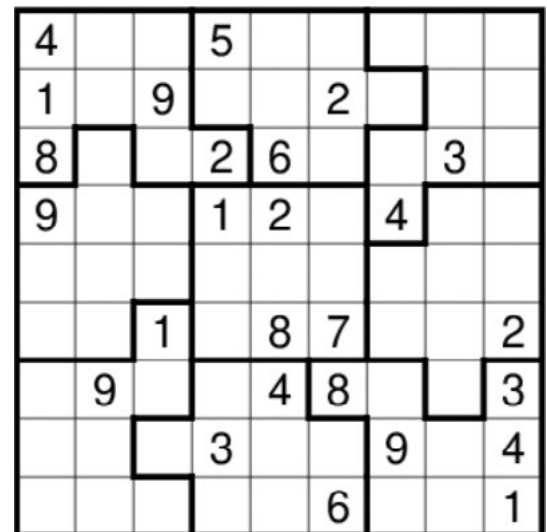
### DOWN

- 1 Tube that takes air from the throat to the lungs (8)
- 2 Certain to end in failure (2-3)
- 4 In all possible directions (5,5,3)
- 5 (Mexican) chip (5)
- 6 Oldest and most successful Formula One motor racing team (7)
- 7 Three-toed South American flightless bird (4)
- 8 Tall eastern temple building (6)
- 13 Devoid of people (8)
- 15 Companions (7)
- 16 Supposed cure for all ills (6)
- 18 Locate and correct computer program code errors (5)
- 20 Amphetamine (informal) (5)
- 21 Cook slowly in liquid (4)

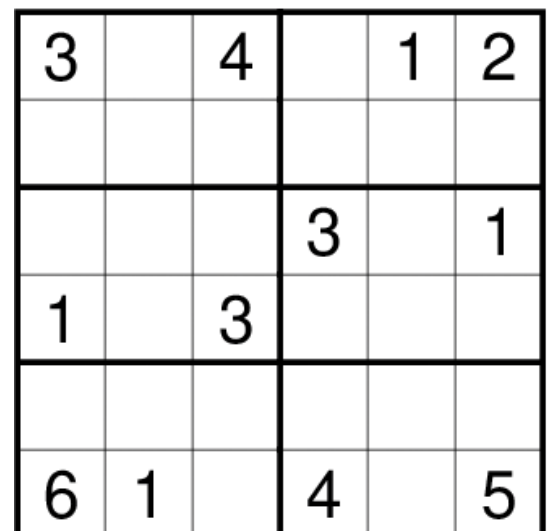
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LEVEL: EASY



LEVEL: MEDIUM



LEVEL: KIDS

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# GARDEN SNIPPETS

by Jane Thomas

**I cannot believe we are already in July! I'm amazed at just how full my water butt got during all the rain we had in June, it was so full at one stage that I managed to fill eight 8 litre bottles and it has helped water my garden quite well.**

With all that rain everything has grown at a rate of knots, my raspberry bush is producing berries, which don't taste too bad, my sapling olive tree has managed to produce so far one lone olive, but I'm sure there will be more, and the fig tree looks set to burst with fruit, so I guess it's time to sort out what fig recipes we'll be trying this summer.

Unfortunately while my roses have blossomed beautifully and in abundance they now have white fly and my young plum tree has succumbed to Shot Hole, which when I first got the diagnosis I thought that was a strange name for a disease.

But Shot Hole, in particular, has destroyed every leaf on my plum tree. The infection can start in Spring with a purplish or red spot only about a 1/10 of an inch and will cover any new buds. The spot then grows in size until eventually the centre of the leaf turns brown and drops out leaving ugly holes. Reading up on my options it was

either use insecticide (which with cats around I don't like doing) or prune away all the infected leaves, which I'm now trying.

My poor tree looks like it's been for a buzz cut, there are hardly any leaves left, but the new shoots aren't showing any signs so far of the disease, so I'm hoping that given time the plum will recover and start giving me plums...which means more recipes to look for.

As for the roses and their white fly (mosca blanca), I'm trying a bi-weekly spray of a solution of soapy water mixed with some garlic! I kid you not! It looks like it's working, slowly but surely.

As I look out at the garden I can see a few jobs that need doing, but in this heat they will have to wait until late evening when it should be cooler.

I'm about to set up a cool place for our indoor and outdoor cats... all eight of them, so they can rest up during the day and play out at night. I've even got a pet sized circus tent on order from Ikea which will add a bit of colour to the garden and cause my husband to shake his head in dismay.

*I hope you enjoy relaxing around the garden this month, don't work too hard but if you have to, remember to drink plenty and often.*







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This small club welcomes all levels of bowlers, with coaching and mentoring provided for beginners. Open all year round, roll-ups take place on Tuesdays, Thursdays and Saturday mornings, from 9:30am, with a 10:00am start.

Known as "The Friendly Club", the members seek to balance the game of bowling with the social side, providing opportunities to meet new people and become part of the Mojacar Bowls Club community. A few hours gentle exercise, followed by a drink and chat with your fellow bowlers in the clubhouse and bar is an idyllic way to spend a morning.

The club has approximately 50 members, some of whom live in Spain, and others who visit the club regularly, usually over the winter months. All members and day visitors are welcome to attend roll-ups as often as they choose. The club also attracts visitors from other bowling clubs, whether on an ad-hoc basis or as part of an organised trip.

As well as the bowling, the club arranges regular social and charity events, lunches, quizzes and occasional days out to visit and play other clubs within the region.

The club is located at Avenida del Mar, 7 Urb Marina de la Torre, Mojacar, 04638 (behind Hotel Servigroup Marina Mar). Any interested bowlers are always welcome to visit the club during a roll up to meet the members and get a flavour of the bowling.

**For more information about Mojacar Bowls Club, contact Janet Lawrence email: [janlawspain@yahoo.co.uk](mailto:janlawspain@yahoo.co.uk) or call her on Tel: 627 204 422. Alternatively visit [www.mojacarbcb.com](http://www.mojacarbcb.com)**



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P/Mediterráneo 411, Local 42. T: 950 472 661
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- **GARRUCHA** - JUAN GEA CINTAS (Días: 4, 12, 20, 28)  
C/Mayor s/n (near Cinema). T: 950 132 279
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- **TURRE** - BLANCA RUBIO (Días: 7, 15, 23, 31)  
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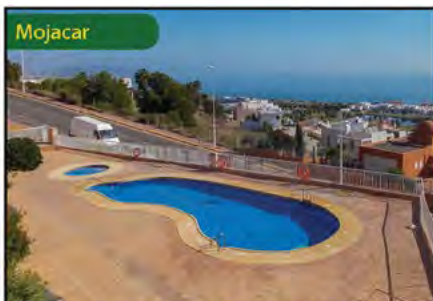
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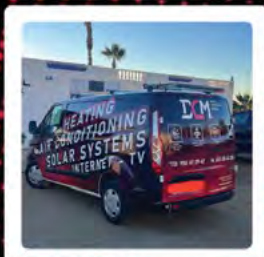
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