

The Advertiser Magazine

November 2020



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Hugely popular with readers, the magazine is known for its photographic reporting of local events. It also contains articles written by the local community, for the local community.

A minimum of 5,000 copies of the advertiser are printed each and every month and delivered to over 200 local distribution points as well as to all of our advertisers. This means that you can always pick up a copy.

The Advertiser magazine is also available to download from our website www.advertisermojacar.com and approximately 3,000 downloads are recorded each month.

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Welcome

to the November issue of The Advertiser magazine

Really...is it really November? Every month seems to speed past like a week at the moment.

We hope this issue finds you all safe and well. This month's Advertiser magazine is our biggest ever issue so we do hope you enjoy it. Take a look at all of the "Out and About in the Community" pages, you just might spot yourself or your friends!

A massive thank you, as always, to all of the contributors to the magazine. All of you make such an effort every month to provide our readers with wonderful articles, recipes, information, advice and even amusement.

The Advertiser Magazine would nothing without its advertisers - each and every one of them a local business. Please make every effort to support them whenever you can.

Next month we are in for a treat as Ashli from Vava Yoga in Vera will begin her regular article.

Finally, just say that we really welcome feedback from our readers. What do you like most about The Advertiser Magazine? Is there something you would prefer to see more or less of? Drop us an email and give us your feedback.

Wishing you all a great month ahead. Stay safe.

Andrew & Cheryl

QUOTE of the MONTH

November is the month to remind us to be thankful for the many positive things happening in our life.

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LifeStyle

AVOIDING A 'FAUX PAS' IN SPAIN

A False Step, a Paso en Falso, or a Faux Pas can be quite an awkward moment, it's often a major social blunder or a severe breach in etiquette. That's why I've compiled a list of things that you should know, to avoid such situations, because I care.

Unfortunately, I've learned most of these the hard way, so that means that you don't have to. Although it has helped me learn lots of Spanish words that I may not have had the chance to otherwise. Tonto, payaso, idiota, imbecile... it's a long list, and some words are not printable in a respectable magazine like this.

BAD FOOD COMBINATIONS

Spanish food is pretty amazing and sooner or later you're going to try and make some of these things yourself. Good for you. But sometimes, we think everything Spanish will instantly mix. This is not the case. For example, take lovely paella, a rice base with chunks of meat or fish and vegetables. Do not even think about adding chorizo to this dish.

A local bar/restaurant used to advertise this dish, but they're no longer around, driven out by an angry mob of Spanish foodies.

Speaking of food, if a Spanish person is nice enough to cook you a home-cooked meal, you must fervently show your appreciation of the occasion by trying everything. Even if it's goats' eye stew! I don't, but that could explain why my mother-in-law calls me "el asno"!

LA CUENTA, POR FAVOUR!

Speaking of food, have you been to a restaurant with Spaniards? In particular, middle aged Spanish men, they will never let you pay. They take great pride in being hospitable, but do expect a certain level of gratefulness after paying. It's a great faux pas not to acknowledge this kind act, no matter how hard you tried to pay. Give in quickly, you're not going to win.

However, after a few dinners, I often use a little bit of subterfuge in order to pay. A well-timed toilet dash excuse, while really paying makes me feel a little more honourable again, much to the chagrin of my brother-in-laws. Ahhh, that could explain them calling me "lerdo".

EATING ON THE GO

Food is very important in Spain, as it brings people together. Family, friends, people who call you friend, but you can't stand.

That's why 99% of Spanish people won't even consider eating on the go. You should sit down, have the basics in life like a knife, fork, extra virgin olive oil and a serviette. How can you do this while walking? It's simply not possible. By eating while moving, you're outing yourself out as a foreigner in these lands. Well that and the socks you're wearing with your sandals.



POLITICS

Not surprisingly, don't mention Franco, ETA or separatists. Or Gibraltar. Or you should expect to hear some of those words we couldn't print above.

Avoiding the odd faux pas is reasonably easy to do by following the extensive list above. Unless of course you like to deliberately do these things to mis-step, in which case, sit down you payaso.

If you have any feedback for me, to dispute, argue, agree, support, harass or to pinch, flick me an email bradh_os@hotmail.com

PS: Just like your Spanish, your local businesses, like bars, restaurants and shops rely on you. Use them (if you're able) or lose them.

by Brad H



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Some of the beautiful items available for sale in Something Special



Quill cutlery is offered in three exquisite designs: cake fork, teaspoon and spreader. The handles are crafted from nickel-plated brass and feature an intricately designed quill motif, whilst the spoon, prongs and blade themselves are constructed from stainless steel. Quill cutlery also comes in a handy jet-black presentation box.



Made from high grade stainless steel, this set of four cheese knives provides an implement for cutting and serving any cheese, be it soft, crumbly or hard.

Made from high grade stainless steel in a full, rounded design, our salad servers are a traditional spoon and fork set, with a sleek, polished design. This delightful set comes in a classic, black presentation box.



The ornate design of the Angel Wings collection is achieved via fine cast aluminium finished in stunning bright nickel.



The Bevel Mirrors will create an effortless beauty to your home. The deep bevel around the edge brings an attractive texture to the glass. Backed with a powder coated frame in smooth grey, they will display well as a set.



Bantam Cans are made of gleaming stainless steel and boast long, slim and elegant spouts - making them exceedingly attractive and also perfect to access hard to reach plant pots surrounded by dense foliage.



Made from cast aluminium with a Chalk, Slate, Dove or Terra finish, these minimalist vases hold cut stems with grace and style.



Lovingly made from high-grade stainless steel, the Heart Vases have been polished to a mirror finish. The quirky 'leaning hearts' design is a lovely statement piece for your mantelpiece, hallway or bedroom. Available in two sizes, they look particularly good as a pair.



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Why I chose a Spanish life

SEVDALINA Dimitrova is a well-known business woman in Mojácar. Sevdalina or Sev, as she called by her friends and colleagues, moved to Spain from her native Bulgaria in January of 2000.

Although Sev already had a master's degree in banking and finance, she knew that her passion was in luxury hospitality. Sev moved to Spain to study at Les Roches. Les Roches is one of the most renowned global, luxury hospitality education institutes in the world. Based in Switzerland, they have campuses in Shanghai and Marbella and it was at their Marbella campus that Sev chose to attend. When, nearing the end of her course, Sev was recruited by one of her teachers to come to Mojácar to work on a new hotel and leisure project that was planned for the Mojácar area.

Sev spent several years working on this project and before



moving to Turre to work on a real estate project. When the recession hit and this work drew to a close Sev looked for another way to make a living.

Along with two of her friends, Sev started a travel agency in Turre. Their services were wide and varied and included translation

services. However, throughout all of this time Sev knew that her passion lay in the hospitality and catering trade. Sev had long since dreamed of opening a luxury pastelería and tea rooms and was constantly looking for an appropriate



location. Although empty cafés and restaurants were aplenty during the years following the recession, none of them were exactly what Sev had in mind.

Sev had often looked at what used to be La Villa nightclub in Mojácar and, although it needed a lot of work, it was just



DOLCE VITA

SEACLUB | RESTAURANT

the location she had always envisaged. She sometimes went there and sat on a rock, right at the seafront dreaming of it one day being hers. As often happens in Spain, although the premises were empty, trying to obtain the owners contact details seemed an impossible task. Sev is not easily beaten but even she had begun to believe that this beautiful, seafront location would never be home to her dreams. Just as Sev was starting to look at other locations, she finally managed to get hold of the owners contact details.

Sev brought several of her friends with her the first time she eventually went to view the inside of the property. She recalls, with amusement, how she walked around the inside, stepping over the rubble and old empty bottles whilst planning what she could do with the place and picturing how it would look. Meanwhile her friends just stared in horror at the hanging wires, dust and dirt and thought that she was absolutely crazy to consider such a mammoth task.



That day the owner handed the keys to Sev to enable to her to come take a second look and to get some quotes. The keys remain in Sev's possession to this day.

In July 2011 Dolce Vita opened its doors. It began originally, just as Sev had always dreamed, as a luxury pastelería and tea rooms. Very quickly though Dolce Vita expanded to meet the needs of its customers and began serving evening meals and having live entertainment. In 2013 the terrace opened, affording patrons the facility to dine in what is undoubtedly one of the most tranquil and deluxe settings in the area. In 2016 Sev expanded further, opening The Sky Bar. This is upstairs in the Dolce Vita establishment. A glass walled but open roofed bar that literally gives you the effect of relaxing in the sky with unbroken views of the blue Mediterranean all about you.

In 2019 Dolce Vita underwent a complete renovation. The stunning establishment is without doubt one of the finest in Mojácar.

Sev chose a Spanish life to follow her dreams – Now she is living her dream.

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OUT & ABOUT IN THE COMMUNITY



Ian, Natalia and Man City John at Collette's birthday party

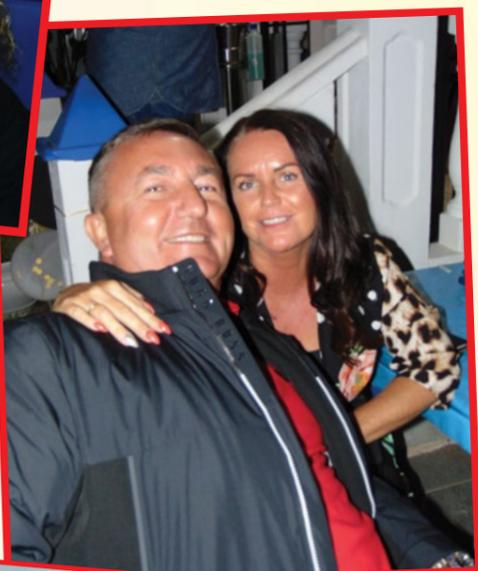


Collette's 60th Birthday Party at Dee's Dollar Bar

Sue and Rob at Collette's birthday party



Scott and Julie at Collette's birthday party



Steve...How much are you prepared to pay to keep this picture out of The Advertiser magazine?

Steve didn't pay.

Steve and The Beautiful Ashley



The birthday girl, Collette and her husband John

photo credit : Andrew Goth

OUT & ABOUT IN THE COMMUNITY

Pie to Paella cycle ride for the Yorkshire Air Ambulance Charity

AFTER taking up road cycling just over a year ago, Paul decided to cycle more than 1400 miles from Skipton in Yorkshire, through France and then on to his holiday home in Mojácar. He trained hard, mainly through lockdown, cycling the Yorkshire Dales in preparation for his route crossing the Pyrenees.

Paul, supported by his wife Sarah driving and setting up at campsites along the way, left Skipton on 6 September, after a last meal of pie and peas, and arrived in Mojácar, ahead of schedule, on 26 September. Paul faced wind, rain, cold morning starts as well as hot, sunny days, long straight roads and windy mountain climbs.

Daily updates were posted to his Pie to Paella Facebook page so friends and family could follow his progress and encourage him along the way. There were a couple of days when he didn't feel like riding and was mentally and physically exhausted but he arrived in Mojácar looking fresh after a night in a hotel in Aguilas. A couple of very cold ciders went down well before the celebratory paella and a bottle of bubbly.

Paul decided to raise money for the Yorkshire Air Ambulance, 'because you never know when you might need them'.

When Paul is in Mojácar he regularly cycles with El Bandido Ciclistas, a sociable group who ride out twice a week from Zen Mojácar.

In summary:

- Days since left - Skipton 21
- Days on bike - 20
- Mileage - 1427 (2296 km)
- Longest ride - 95 miles (154 km)
- Shortest ride - 13 miles (21 km)
- Total ascent - 59677 feet (18189 m)

More information:

JustGiving page - <https://www.justgiving.com/fundraising/paul-binns2>

Pie to Paella Facebook page - <https://www.facebook.com/Pie-to-Paella-100238074917020>

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Sara & Paul arrive in Mojácar



Bon Appetit



THE team at Rosie Lees are aware that the KETO lifestyle is currently trending worldwide. Whilst this month we are catering for Keto, watch this space for other types of trends as well as speciality recipes.

The dishes we serve at Rosie Lees are packed full of goodness, flavour and carbohydrates however, we are able to adapt our dishes to low or no carbohydrates for our Keto customers.

As a Cordon Bleu trained Chef, working with the Rosie Lee's team, I find Keto exciting. "What is Keto?" some of you may askthe basics are a high fat low carbohydrate diet. Its as easy as that. I have personally experienced weight loss as I have recently chosen to follow Keto.

Keto has inspired me to share 2 quick and easy recipes that are delicious.

AUBERGINE LASAGNE

INGREDIENTS

Serves 12

- 2 Large Aubergines
- 2 tbsp Olive Oil (or other Oil of your choice)
- 2 tsp Salt
- 1kg Beef Mince
- 3 Cloves of Crushed Garlic
- 1 Diced Onion
- A Handful of Basil (or dried herbs)
- 2 Tins of Chopped Tomatoes
- Half a Glass of Red Wine (optional - you can use water instead)

CHEESE SAUCE:

- 500g Full Fat Ricotta Cheese
- 1 Large Egg
- 3 tbsp Parmesan Cheese

METHOD

Preheat the oven to 180 C.

Slice the aubergine from top to bottom. Place the slices on an oven tray and sprinkle olive oil and salt over them.

Bake for 20 minutes.

Beef Sauce:

Fry the diced onions until soft, add the crushed garlic, the herbs and finally, the mince. Cook, stirring all the time until the mince browns.

Add the tomatoes and simmer slowly for 30



minutes, stirring a few times during cooking.

Cheese Sauce:

In a bowl mix the Ricotta cheese, egg and the Parmesan until they have joined into a sauce.

To complete:

Layer the aubergine into the bottom of a large dish followed by a layer of beef sauce. Then cover with a layer of cheese sauce, repeat the layers until all the ingredients have been used.

Cover with a sprinkling of Parmesan cheese.

Bake in the oven for approximately 35 minutes or until brown on the top.

Serve with some fresh basil leaves on top.

KETO MIXED BERRY CHEESECAKE

INGREDIENTS

Serves 8

For the Base:

- 1 Cup Almond Flour
- 2 Tablespoons Melted Butter
- 1 Teaspoon Vanilla Extract
- ¼ Teaspoon Cinnamon (optional)
- A Pinch of Salt

Cheese Filling:

- 8oz of Softened Cream Cheese
- ½ Cup Sour Cream or Plain Greek Yoghurt
- 2 Tablespoons Softened Butter
- ½ Cup of Sweetener i.e. Canderl
- Pinch of Salt

Topping:

Mixed Berries or Fruit of your choice.

METHOD

In a bowl mix all the base ingredients until it comes together like breadcrumbs.

Place in a dish and pat down to flatten the base evenly.

Place the butter and sweetener into a bowl and beat until smooth, light and creamy . Add the cream cheese, salt, sour cream (or Greek yoghurt) and beat until all of the ingredients are mixed thoroughly.

Spread over the base.

Decorate with the fruits.

Chill in the fridge for at least an hour... and serve.



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- * Coleslaw, and
- * Onion Rings 3€ each

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Beautiful you

How to Live After Death

This is the title of my new book. I thought for a long time about what the title should be, yet repeatedly came back to this. I think it describes the content perfectly, so let me explain what the book is about.

My hope is that I can open a door of possibility for you. I talk quite candidly about my own life experiences, some of which absolutely removed any vestige of belief in spirit, and others which reaffirmed my trust. How do you live, after the death of a loved one? When we suffer the death of someone so close to us we feel like we will never smile again, nor want to! Every single one of us will experience this. It is impossible to escape from that feeling of amputation we feel and even the smallest task is torture. Can we ever prepare for this? No. Nothing you can do will stop you from feeling like the bottom has fallen out of your world.

In this book I talk about sudden unexpected loss, expected loss, suicide, the death of a child, and also the loss of your pet, which I feel is important to include as they carry a part of our hearts just as much as our human connections. Every situation is different, and I have given examples of my personal experiences in my work in dealing with death.

But this book is called "How to LIVE after death". I hope that it helps you to see that death is not what we think it is. Yes, we see the death of the physical body, but the spirit of our loved one is now released from the body, so is free from pain and suffering. There are testimonials from people who were asking to have their stories told and the aim of this book is to give you a greater insight into how our human spirit is eternal. It is the love we feel for each other that keeps us connected, so you never need to feel alone.

THIS IS A SHORT EXTRACT.

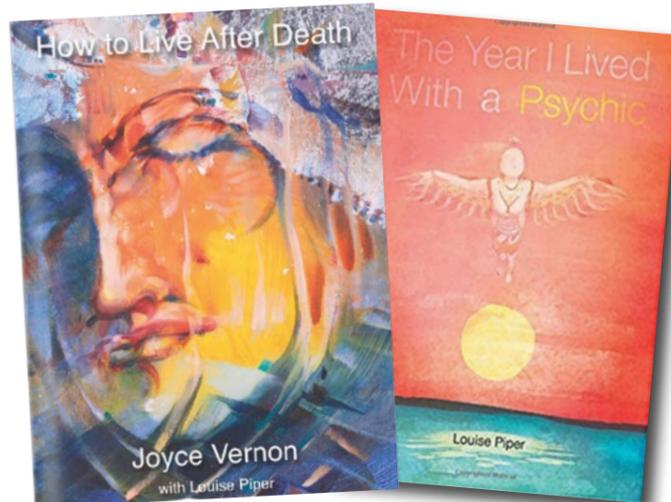
I had an older lady who came for a reading. I had the sensation of a crushing pain in my chest, pain in the base of my back, and felt I couldn't move. I knew this was a car crash and saw the car facing the wrong way, having spun round. The spirit told me it was partly his own fault and that he'd been going to work and had tried to overtake the car in front colliding with it and another vehicle. The woman began to cry and said to me, "Yes, you're right. This is my husband. You recently did a reading for my daughter and he came through, and I couldn't believe you had been so accurate so I wanted to come myself to see you. Again you have described what happened, and I am so pleased to know he's here now."

He said he liked her new hairstyle and she confirmed she'd had it done last week. The spirit shared that she had been looking at new clothes and had decided one dress was too short for her age. She was shocked as her daughter had taken her shopping that morning, before her reading, and that's exactly what had happened. He also gave a man's name and said she should be careful not to get her fingers burnt, but that she should be looking forward to her life now. He said that he would find her a man to give her the happiness she deserves.

This lady told me that she had really struggled after her husband died, losing all of her confidence. She didn't like going out and didn't even like going to the shops. I told her that she could now feel him with her and said she should be going out and not feeling alone. I was thrilled to see her in the front row of a demonstration I did that same night. The reassurance of knowing that her husband was still with her in spirit had given the lady the emotional strength to move on and start to engage in life again, knowing that the power of love never dies.

I think it is shown perfectly in the Christmas movie version of Scrooge, when he is accompanied by a ghost showing him Bob Cratchetts family. Scrooge sees and hears everything, but they don't see him.

So again, I implore you to LIVE your life, every day, that is the greatest way to honour the people you have 'lost', their time in this life has finished, but yours has not! You will, without doubt be with them again, but just not yet.



"HOW TO LIVE AFTER DEATH" is not the only book about Joyce and her Psychic Medium gift. Author Louise Piper came to stay with Joyce for a time and published the book she wrote, "The year I lived with a Psychic Medium" about her experience. Both books are now available on Amazon UK and Amazon Spain and make wonderful gifts.

Editorial provided by Joyce Vernon

Joyce is a professional psychic medium with over 45 years experience. She offers private sessions and also Skype and Facebook messenger readings. She is a Reiki Master and also teaches both Reiki and Prana energy healing. Joyce has worked with the police in the UK with murder and missing persons cases. Call or WhatsApp: 634 332 542 or Visit www.joycevernon.com



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Welcome to your monthly hair dot com

By Beth Underhill



EACH month I am looking forward to sharing my knowledge of hair care with you. As a Vocational Trainer and Assessor for the examiners SCOTVEC and a salon owner for over 30 years, my passion is the science of hair and how to respect it using salon chemicals.

When writing my articles I usually take inspiration from my clients, once again I have had so many questions this month that it might be easier to start a Q & A (questions and answers) page, I do hope that you enjoy reading and find this page helpful.

I would love to hear from you with your questions, please send them to me at: bethunderhill@hotmail.com
Etticut Salon facebook page or www.etticut@weebly.com

Q) WHY IS MY HAIR FALLING OUT SO MUCH LATLEY?

A) Hair loss is more noticeable when we start to lose the long summer days and the autumn days begin, why? Because a lack of sun light effects the hormones that impacts hair growth, this progression of hair loss is commonly known as Seasonal Hair Loss.

We can lose up to 300 hairs per day during this time of the year whereas we would normally lose up to 100 hairs per day.

Seasonal changes can lead to stress and fatigue also a poor diet can be related to hair loss, dietary supplements containing B vitamins, sulphur amino acids, zinc, iron and selenium can be an effective complementary treatment against seasonal hair loss but don't worry because unless there is an underlying problem your hair will soon start to regrow as normal.



Q) WHY IS MY HAIR THINNING?

A) Age, stress, nutrition and hormones have a lot to play when it comes to hair thinning, as women age we don't make as much of the hormone called oestrogen. Oestrogen lengthens and stimulates the growing stage of the hair; Hair strands become smaller and have less pigment. So the thick, coarse hair of a young adult eventually becomes thin, light-coloured hair. Many hair follicles stop producing new hairs. Little that can be done to increase the natural production of estrogens' once menopause has started. However, organic or synthetic estrogens can be used to utilize and support estrogenic activity in the body.

Stress is another causing factor for thinning hair, Cortisol is a

hormone created in response to all types of stress. High levels mean that the body is busy producing this one hormone, therefore producing less of the hormones that promote healthy hair growth. By reducing stress levels, it can be possible to reduce the Cortisol levels and bring the body back to balance. Some methods for stress reduction include physical activity, enough amounts of sleep, and laughter.

As we age our bodies also begin to process nutrients less efficiently. Many vitamins and minerals are necessary for hair growth. Iron and Vitamin C are good examples of this.

Q WHY IS MY HAIR SO FRIZZY?

A) Hair damage and genetics are the two main causes of frizzy hair. Firstly, some hair strands are naturally curly due to genetics; naturally curly hair has defined curls that have a consistent pattern but some naturally curly hair that does not fall into line with others can cause curly hair to look frizzy or uncontrolled. Even controlled curls can start to look frizzy if it is over handled, backcombed, over dried or cut incorrectly.

Heat, chemicals and excessive brushing can cause hair to become frizzy. Hair holds natural moisture to prevent it from overstretching and breaking. When necessary hair will sap up atmospheric moisture to prevent dehydration, this atmospheric moisture can also make the hair go frizzy.

Chemical can deplete the hair of its proteins, these proteins give the hair its strength, once depleted the hair fibre will snap and frizz.

To prevent frizzy hair don't over dry it with heated appliances, use a wide tooth comb, not a brush, as this causes over stretching and splitting the hair, keep the hair moisturised using hair masks and protect it by using a reconstructing product and finally have regular hair cuts to prevent split ends working up the hair shaft.

Q) MY HAIR COLOUR DOESN'T LAST AS LONG ANYMORE, WHY?

A) The human body has millions of hair follicles or small sacs lining the skin. These follicles generate hair and pigment and as we age we don't produce the same amount of pigment, turning our hair white.

The coloured molecules found in artificial hair colour need this pigment to lock onto so that it stays within the hair, the less pigment you have the less likely that your colour will last. This pigment cannot be seen by the naked eye; depending on genetics some people have more pigment than others.

Another reason for colour fade is if artificial hair colour is not left on the hair long enough for the molecules to totally expand within the hair, it will result in the molecules washing out much sooner than expected or if your hair is too porous the colour molecules cannot stay trapped within the hairs fibres.

I also recommend that you use a shampoo and conditioner that does not contain sulphates to prevent colour fading.



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In 2007 I also rented a local in Puerto Rey.

In 2008 I opened Etticut in Vera.

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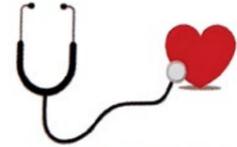
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What's the problem?

At the Advertiser magazine, we recognise that everyone needs to reach out for advice now and then. Seeking the help of someone who can not only offer a completely objective point of view, but is also qualified to advise you, may not always be possible. We are delighted to be able to offer the services of a qualified counsellor and psychotherapist, Theresa Wood, to answer any of our readers issues or problems.

Dear Theresa

I have a nine week old baby girl. We meant to get pregnant and we were waiting for some time before it happened.

I am 36, before the baby came I was really looking forward to it, I had seen my friends with their babies and they looked fine and were so happy.

I don't feel happy, I don't even feel like me anymore. The baby cries so much and there is nothing wrong with her, my partner comes home and asks me what is wrong with her?

My family and friends say it must be fantastic now she's here, but its not. My body is not the same, I feel like MY life has ended and is now just looking after the baby, who doesn't even seem to like me, I think the baby knows I'm no good at this.

Am I abnormal?

Regards Maria

Dear Maria

You are not abnormal in the least. You are in fact completely normal and honest about the reality of having a baby.

We all see the lovely pictures and how romantic it will be to complete our relationship with a new baby, but the day to day of actually doing that is hard and I mean, hard.

For 35 years you were just yourself with your own needs to look after, now all of a sudden your body and emotions have been sent into turmoil.

As for the baby not liking you, the baby doesn't know anything, its never been a baby before, just as you have never been a Mother before. You need to take a bit of pressure off both of you. Babies are wonderful and so cute. They are also noisy, messy and for most of the time BORING!!!

The people who are saying its fantastic, have probably forgotten how hard it is and sometimes lonely too. You need more support at the moment, so ask some of the people who are telling you how great it is if they would like to have the baby for an hour or so once a week, to give you some time to yourself, not to do chores, but to do nothing by yourself or with your partner.

You may also find making an appointment with your Doctor to check your hormone levels are ok, so that you have good health and energy at this time when you really need it.

So many Mothers run themselves down, physically and emotionally. You are not going to be the perfect Mother, they don't exist, neither does the perfect child.

Just aim for 'Good enough' as the experts say.

Best wishes you are doing your best.

Theresa

Theresa Wood M.I.A.C.P. - M.Phil. Psychoanalysis - Bsc. Counselling & Psychotherapy

Would you like to ask for Theresa's advice? Email our qualified counsellor in confidence at theresa@advertisermojacar.com



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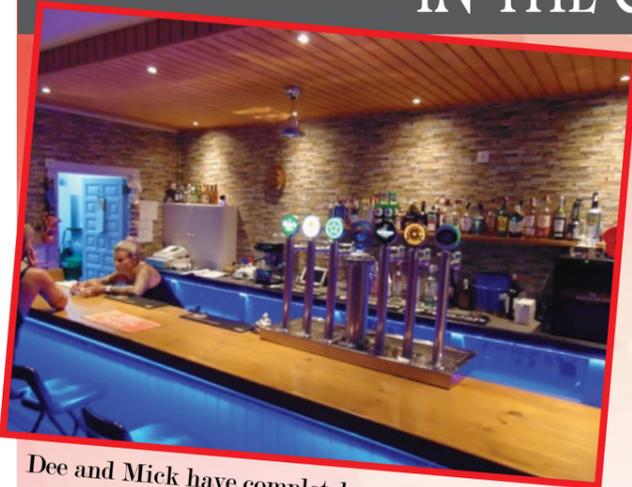


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OUT & ABOUT IN THE COMMUNITY



Jayne, Christine and Yvonne at Macenas



Dee and Mick have completely renovated the Dollar Bar to a very high standard. It now has a modern, funky look.



Tina, Jeff, Pam and Alan at Dee's Dollar Bar Wednesday Steak Special night



Dee and Mick, landlords at Dee's Dollar Bar, Pueblo Laguna

Steak night at Dee's Dollar Bar



Delicious Fillet Steak served at Dee's Dollar Bar on Wednesday Steak Night - Huge Fillet Steak, cooked to taste with chips for 2 people only 20€



The team at Dee's Dollar Bar

photo credit : Andrew Goth

OUT & ABOUT IN THE COMMUNITY

Hysteria at Ankara, Mojacar on Sunday the 11th of October

On the 11th of October Hysteria played their last gig with singer and guitarist Richard before he leaves for the UK. Hysteria would like thank everyone for coming down and giving Richard a huge send off. Ankara has always been a favourite venue for the band and Sunday was a bit special. Quite emotional, as it got us all on the last song. 10 years in the making. We Wish Richard all the best from us.



If you were there you would have heard Richard announce Hysteria's new singer. His name is Dunki, (real name Juan, but that's not very Rock n Roll lol) Also joining Hysteria will be Alberto on guitar.



Update from Hysteria's Well, we have been rehearsing a couple of times a week, and things are progressing nicely. Initially we will be continuing with the original set, but will be bringing in new material to play to Dunki's strengths. Don't worry, all your favourite classics will still remain. So, stay safe, and we will be seeing you all very soon, with the new look 5-piece Hysteria

photo credit : Andrew Goth

just for laughs

Here is are some articles, that we hope that you, our readers, will find amusing.

A child asked his father, "How were people born?" So his father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on." The child then went to his mother, asked her the same question and she told him, "We were monkeys then we evolved to become like we are now." The child ran back to his father and said, "You lied to me!" His father replied, "No, your mum was talking about her side of the family."

Q: Why did the witches' team lose the baseball game?
A: Their bats flew away.

Q: Can a kangaroo jump higher than the Empire State Building?
A: Of course. The Empire State Building can't jump.

A teacher asked her students to use the word "beans" in a sentence. "My father grows beans," said one girl. "My mother cooks beans," said a boy. A third student spoke up, "We are all human beans."

Q: Why was six scared of seven?
A: Because seven "ate" nine.

Q: Is Google male or female?
A: Female, because it doesn't let you finish a sentence before making a suggestion.

What happens to a frog's car when it breaks down?
It gets toad away.

A boy asks his father, "Dad, are bugs good to eat?" "That's disgusting. Don't talk about things like that over dinner," the dad replies. After dinner the father asks, "Now, son, what did you want to ask me?" "Oh, nothing," the boy says. "There was a bug in your soup, but now it's gone."

Mr. and Mrs. Brown had two sons. One was named Mind Your Own Business & the other was named Trouble. One day the two boys decided to play hide and seek. Trouble hid while Mind Your Own Business counted to one hundred. Mind Your Own Business began looking for his brother behind garbage bins and bushes. Then he started looking in and under cars until a police man approached him and asked, "What are you doing?" "Playing a game," the boy replied. "What is your name?" the officer questioned. "Mind Your Own Business." Furious the policeman inquired, "Are you looking for trouble?!" The boy replied, "Why, yes."



...is it just me? by Madness from Mojacar

A few years back (when I was still young enough to do this on a regular basis) I was out at a nightclub with a large group of my friends. My best friend and I always took a taxi home together.

Being clever little misses, we always left 15 minutes before the nightclub ended. That meant that we could grab our coats from the cloakroom, run across the road and get chips and be at the taxi rank getting into a taxi just as the rest of the clubbers started to pour out of the nightclub en masse. It generally meant that we were home an hour earlier than we would be if we stayed until the very end as we avoided all of the queuing at the cloakroom, in the chip shop and best of all, the queue in the cold and more often than not, the icy rain at the taxi rank while drunks tried to queue jump us.

Anyway this particular night it had been another friend's birthday and we had met earlier than usual for birthday cocktails, resulting in us being in even higher spirits than normal. It had been one of those nights full of drama and events. The kind that only happens to young girls of a certain age. The kind of exciting night that would provide a full week's worth of gossip and chat.

Giddy as we were on life and on alcohol, we still remembered to leave before the club ended. We rushed to get our chips and on emerging from the warm steamy chip shop, the wind and rain slashed at our ridiculously

inappropriate clothing. We gratefully jumped into a taxi, recited the address and immediately started the postmortem of the night.

Lot's of "Oh My God's" and "Did you see's" and "I can't believe's". As we were a bit more than a little tipsy, I honestly cannot say how much time elapsed before we noticed that the taxi had yet to move. It was something we both seemed to realize at the same time and our chatter trailed off. The driver turned his head around to us and we again repeated the address.

Then to our surprise a passenger, who I am sure hadn't been there before, also turned his head. "Hey, forget it pal, we were here first, get your own taxi" one of us rudely exclaimed.

Then both driver and passenger showed us their badges. YEP... We were in the back of a police car!

At first came shock, the disbelief, then a fit of the giggles which, the more we tried to stop, the more hysterical they became.

Our raucous laughter soon subsided when we looked across the road, through the rain at the 50-60 people now waiting at the rank which was, by now, devoid of taxi's.

"That's all your fault" we stated to the two bemused police men. "If you had of identified yourselves when we first got into the car we would have had some chance of getting a taxi."

They looked at each other, laughed and then gave us a lift home.

Does this sort of thing happen to everyone or is it just me?!?!?



The World According to Chrissy... Part 5

IN hind sight, using chewing gum as ear plugs was a terrible idea. I may have to have my left ear syringed upon arrival at the long-awaited hotel, of which the name escapes me but I'm going with something along the lines of 'Hotel Got 4 Stars but Should Be Called Fawltly Towers' which I think is rather catchy. My right ear came away rather unscathed, it also came away with all of my ear hair and a clump of head hair which will now require a comb over.

So there were 43 minutes remaining of the journey once Chardonnay had started murdering, sorry singing 'Stop In The Name Of Love', that's 3 minutes down. After wrestling with the ear chewing gum and lots of profanities on my behalf, I managed to miss 'Baby Love'. Another 3 minutes down. Unfortunately, Chardonnay shouted 'Dont worry Chrissy-Wissy, its on my CD which I'm pleased to be offering to you lovely ladies for just €5.00 instead of €10.00'. Whilst the rest of my travelling buddies thought this was the best deal they'd had since brown sauce was on offer in Iceland Overseas, I was positively seething that Chardonnay-wardonnay had called me Chrissy-wissy!! I've decided I must now start plotting her demise!

37 minutes remaining, and we begin a sing-a-long to 'Chain Reaction'. My thoughts wander between diving head first out of the emergency window, using one of Hazels empty egg and sardine ziplock sandwich bags to place over my head until the sweet lord takes me or praying we take a speed bump faster than is legally responsible, which then forces the microphone to wedge itself in the middle of Chardonnays tonsils. Neither of the options presented themselves to my dismay but my daydreaming thoughts took away another 14 minutes.

Since we now only have 23 minutes road time, Chardonnay apologised that she would have to stop singing now as we prepare for our imminent arrival. In amongst the cries of 'oh don't stop' and 'awww that were lovely Chardonnay', I was given several frosty looks from the front seats as apparently it was rude of me to cheer when Chardonnay said she wasn't singing anymore. Whoops, my bad....again.

Chardonnay-Wardonnay was a wickle bit sad that I cheered although only momentarily as her alter ego, Diana Ross, convinced her that I'd cheered because we were not far from what's about to be the best holiday we've ever had. Unless she has Concorde to New York on stand by, I very much doubt she's telling me the whole truth here.

The excitement on the coach has reached peak levels of frenzy as the black bin bags are being handed down each of the vertical rows. 'Come on Ladies, lets have all your rubbish and dirty bits' Chardonnay squeals. 7 minutes later, the excitement plunges as Pam from the 'Flower Arranging for Funerals', or FAFF as its known locally, has lost her teeth which she thinks she dropped into the rubbish bag, but which bag? It would seem Chardonnay doesn't want to get herself elbow deep to find Pams teeth and is desperately wracking her brain for an excuse. Luckily Hazel next to me has volunteered to rummage as she has found many a treasure at the bottom of an empty sack. I wonder if Father Christmas needs an assistant.....

The hotel is looming, looking forward to giving you my humble opinion....

Much Love to all, Chrissy x

If you missed the previous parts - you can download previous issues from www.advertiseremojacar.com

YOU CAN NOT BE SERIOUS

by Jos Biggs

I LIKE birds, and for this reason I have put up a birdtable in the garden. We had a birdtable in our garden in England, and it played restaurant to a wide variety of birds, several squirrels, and until I got the construction right, rats.

Admittedly the only birds that I have seen here in any numbers are sparrows and starlings, but they are quite amusing. I'm hoping that once word in tweet form gets around the avian community some of the more ambitious non-sparrows and non-starlings will come and have a look.

I don't anticipate eagles or long-eared owls will be regular attendees, but I have seen robins, tits, hoopoes and blackbirds in the locality, and it would be nice if they were to give my great work of architectural engineering a try.

Apart from the actual construction, and the effort necessary to dig a hole to accommodate the substantial post required, there is another side to birdtables - namely the maintenance.

Birds are spur-of-the-moment creatures. Their brains are entirely taken up with filling their little stomachs, or sometimes filling their children's even smaller stomachs. Admittedly staying out of the way of cats is important, but manners and in particular personal hygiene do not figure at all in their consciousness.

In short, birdtables and their surrounds require cleaning. It's not long before the ground around is littered with bits of bread and seed, not to mention small dollops of poo. And cleaning is the domain of the Higher Authority.

This is where I went wrong. I announced my intention of putting up said table out of courtesy - after all, we are a partnership, and have been so for many years. The Higher Authority conceded that it would be nice, and add interest to the garden, but, she added, 'It will have to be looked after and kept clean.'

As this was her domain, and thus her responsibility, I continued my Great Work, and it was not until after I had finished that the importance of her words dawned on me. I fear that very soon I would hear 'It's your birdtable, you put it up, you keep it clean.'

I suggested ever so politely that cleaning was really her job, not mine. She gave me a level stare and said 'Rats.'

More she did not need to say. The sub-text, in foot high capitals said 'I DON'T LIKE RATS, AND I'M NOT HAVING ANYTHING TO DO WITH ANYTHING THAT MIGHT INVOLVE RATS.'

So I'll be cleaning the birdtable!

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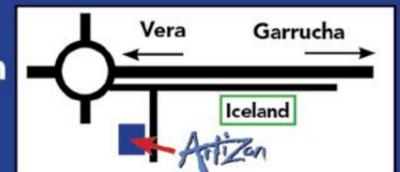


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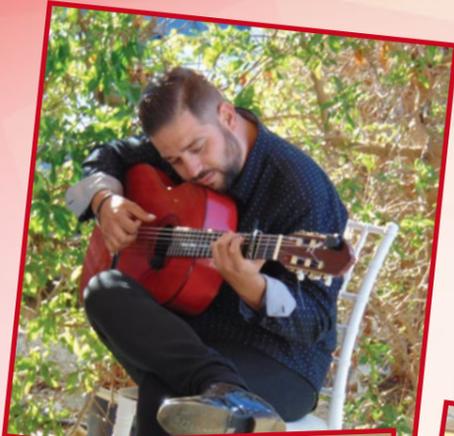
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OUT & ABOUT IN THE COMMUNITY

On Saturday the 17th of October local Flamenco dancer Francesca Girone (La Gitana Inglesa) and her group played to a full house at Neptuno Mojacar.

This performance was part of the fundraising Gala for the Spanish Association Against Breast Cancer.

Francesca and her group are well known in the Levante area for always putting on an authentic and spontaneous show.



The whole performance was enjoyed by all and a large donation was made to the charity.

If you would like to know about future flamenco events near you or, if you would like to book this highly popular group for your establishment, please contact Francesca on 687 480 694 www.lagitanainglesa.com



photo credit : Andrew Goth



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OUT & ABOUT IN THE COMMUNITY

A NEW ARRIVAL IN LOS RAIMUNDOS

Los Raimundos is a hamlet of some 20 houses at the end of the Filabres mountain range between Antas and Bédar. Its origins date back to the end of the 19th century, when D. Raimundo Contreras built his first farmhouse there. It is home to a mix of Spanish and British, only a few of whom (mainly British) live there full time.

A group of British residents got together recently to improve the entrance to the hamlet by landscaping a piece of ground and creating a small garden area. Then someone found a

discarded bed frame by the local basura one day and thought he could turn it into a bench to enhance the planted area. He got to work and, with help from neighbours, the result is now clear to see.



Local resident Steve Wise explaining the background to the creation of the new garden area.



Lea-Anne Honeyman and mayor Pedro Zamora unveiling the garden bench.



Mayor Pedro Zamora, councillors Félix Rodríguez Belmonte and Pedro Rodríguez García, Lea-Anne and some of the Los Raimundos community.



The mayor of Antas, Pedro Zamora, fellow councillors Félix Rodríguez Belmonte and Pedro Rodríguez García, and Lea-Anne Honeyman (acting as interpreter), kindly agreed to attend the unveiling of the new garden area. They were all impressed by what they saw and pleased to see how the community's efforts had improved the look of the entrance to Los Raimundos.

They and, other visitors, will always be welcome in future to rest awhile whenever they are passing through!

Featured Artist

PATRICK PIERSE

PATRICK Pierse is a well-known, popular guitarist and vocalist. He has played in local venues such as Grace's Bar, Frankie's Bar, Anto's Bar, La Peperina, at the Big Mac event, Dolce Vita, Desert Springs, The Emerald Isle, La Plaza Bar in Villaricos, La Vida Bar in Cucador, Miraflores and Karen's Golf Pub in Valle del Este.

He taught himself to play the guitar while in college. It was while taking part in a jam session in a bar in his native Co. Kerry in Ireland that he was offered his first paid job for the princely sum of 30 Irish punts and a few pints!

In 1985 he moved to Los Angeles, spending 6 months there before, after a brief return trip to Ireland, he made his way to San Diego. Here he held a regular spot in Irish Bars such as the Blarney Stone 1, The Blarney Stone 2 and just for a change of name, The Blarney Stone 3. His music career was peppered with filler jobs such as bar work, painting and even a job in Callanan Mortuary, Hollywood, Los Angeles working as a funeral director. Patrick met many famous faces including Danny De Vito and Eddie Murphy - many of these stars, he met at funerals!

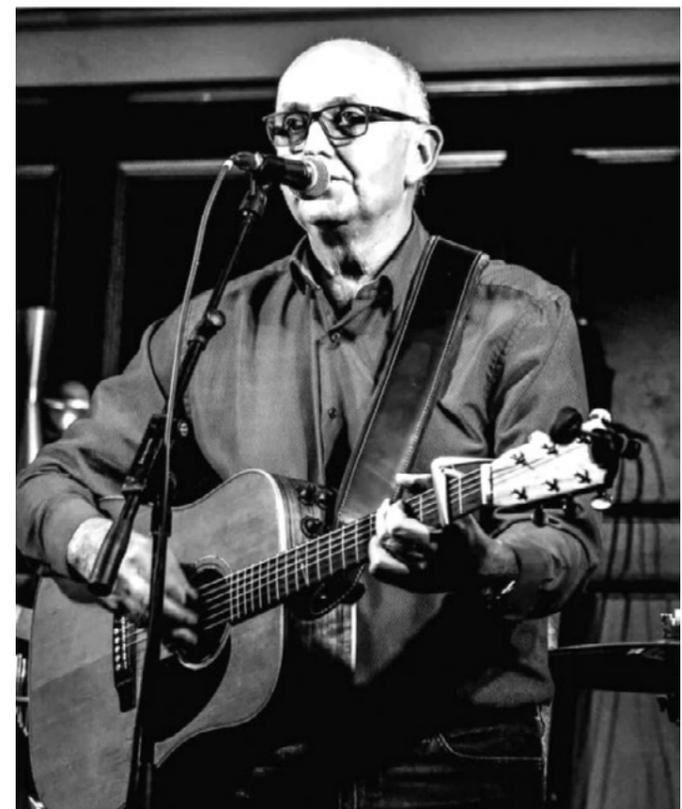
In 1990 he moved to Australia where he managed to secure the coveted Sunday evening gig in a bar in The Rocks, Sydney called "Hero of Waterloo".

Eventually he decided to return to Ireland for a short visit. However, on the night of his return he met a beautiful lady called Helen who, was to become his wife and he didn't return to Australia until their honeymoon.

Patrick returned to the states with his wife Helen where they lived in both San Diego and Washington before eventually making their home in Ireland with their three beautiful daughters. Patrick briefly paused his music career while he concentrated on other investments but the music called him back and now he divides his time between Ireland and Spain, playing gigs in both countries.

The cheeky Christmas song "A Christmas Hug" by "THE CRACKERS" was written by Patrick Pierse and John Buggy. It raised a large sum for charity. Patrick regularly plays with John Buggy as well as the very talented Stephanie Swanton. Patrick has also written jingles for local businesses to use with their radio advertising such as the popular Rosie Lee's in Turre.

To contact Patrick please email: ppierse3@gmail.com



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CORTIJO GRANDE GOLF CLUB: Mike Picken: Tif: 950 475 509

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Community

El Bandido Runners donate to PAWS

EL Bandido Runners have been respecting social distancing by meeting at 8am and 9am to run, jog or walk the 5k Mojácar Paseo, with some attendees donating 1€ to support local charities. Although we were unable to run during lockdown and numbers being down due to fewer visitors, €220 was handed over to the PAWS/PATAS cat shelter in Los Gallardos.

The running group, set up by Ironman Kevin Rowe in June 2018, started with a small number of regulars and has grown with runners, joggers and walkers, from permanent residents to regular visitors and holiday makers. We meet every Wednesday and Saturday* opposite the Best Indalo Hotel on the Paseo del Mediterráneo, 04638 Mojácar. All ages, nationalities and speeds are welcome!

Until we get through the COVID crisis, we are meeting at 8am and 9am so there aren't too many of us running at the same time. If you are interested in joining us, you will receive a warm welcome, meet active people and make new friends.

* The first Saturday of each month, we meet at the Red Cross roundabout end of the Paseo for a 'reverse' run then go to Heladeria Blu for a post-run breakfast. We also have a road cycling group, El Bandido Ciclistas, and together with Zen Cycle Mojácar (www.zenbodyandmind.com), meet on Sundays for a social ride and on Tuesdays for a longer, faster ride.

If you would like more information please contact Kevin on ironmankev08@gmail.com and follow us on Facebook <https://www.facebook.com/pg/elbandidorunners> and <https://www.facebook.com/groups/299226300737284>.



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