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## QUOTE of the MONTH

If you are always trying to be normal, you will never know how amazing you can be.

Maya Angelou

# Welcome

to the March issue of The Advertiser

We hope this issue finds you all happy and well. Spring is upon us now and I for one will be glad to see the end of those cold grey days and dark nights. I am really looking forward to being able to complain about the heat and humidity once again!

A big thank you as always to our writers. We receive so much positive feedback on the articles that they work so hard each month to submit.

Have you heard our advert on Spectrum radio? It has run for the past month and has hugely increased the demand for copies of our magazine.

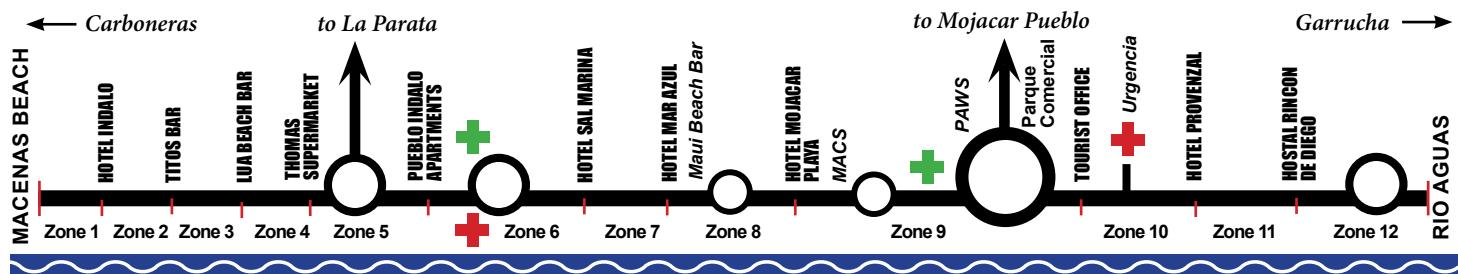
We would really like to hear from you, the readers. What would you like to see more of in The Advertiser magazine? Why not email us at [advertisermojacar@gmail.com](mailto:advertisermojacar@gmail.com) and tell us?

*Andrew & Cheryl*

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# IN THE NEWS

## Are The Media, Social Media or Online Trolls to Blame?

The media and online trolls have come under heavy scrutiny lately and the question has been asked: Are they to blame? Nothing is more tragic than when a young person takes their own life.

### Should the media be held accountable?

The press may argue that they print content that people want to read about.

After all, their sole aim is to sell more newspapers or magazines and if "celebrity downfall stories" didn't sell more copies, then they wouldn't print them. It could also be said that celebrities use the media for their own gain when promoting themselves.

Up and coming stars welcome media coverage on every aspect of their lives on occasions when it benefits and highlights their careers.

Do they have the right then to demand privacy after they have become a public figure? Do they have the right to prevent the press from reporting negatively on their lives? Is press intrusion and a lack of privacy a quid pro quo for the privilege of being famous? There is obviously huge public appetite for salacious gossip. So where should the line be drawn.

### Is social media to blame?

While the press has always had pretty much carte blanche on what they publish and have always been at the forefront of covering any celebrity's fall from grace with lurid headlines and titillating details, social media allows anyone and everyone to do the same thing. Social media affords the world and his wife the opportunity to express their opinions on anybody. People tend to behave much more aggressively and in a more inflammatory manner in online text-based discussion media, than they ever would in real life situations. On social media people seem to feel they are entitled to express and memorialise their opinions in ways they would never consider doing in face to face situations. It is so much easier to be nasty and rude online as it is non-confrontational and without risk of retaliation, response or punishment.

It is clear that the effects of online abuse are multiple, ranging from fear, to embarrassment and humiliation, to anger; all of which it could be argued that public shaming, online and off, can be used to destroy people's lives, even if the accusations turn out to be untrue. But the dirty secret in all these episodes is the pleasure we all take in participating.



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# HOUSE & HOME

## What on Earth is Pádel?

All of us at some point have come across those odd, tennis-like courts where the walls are too close and the court too small. If you've ever caught a glimpse of anyone playing, you'd have noticed that the raquets are nothing more than a paddle. Wait a moment, Paddle – Pádel...?

They're often built on urbanizations as a means to attract more buyers, but obviously only Spanish buyers, because no one else knows what the hell they are. You can also find them at most sports clubs where they'll be in full use every evening from 6-10pm.

### **Love – 1, and 1 shall love you.**

Essentially, most of the rules are the same as tennis with a few tweaks here and there. All the scoring is the same with 15, 30, 40, deuce. Although people here in Spain, for some reason, say the scores in Spanish! Quince, treinta, cuarenta & iguales. Not at all like watching on television!

The differences are, of course, the walls come into play, much like they do in squash. The ball has to land on the floor first before hitting a wall, but play can be continued. It's also possible to play a ball off the hard walls, basically rebounding off the back wall and then over the net. However, you can't play a rebound off the 'soft' walls which are made up of either cyclone fencing, metallic meshing or even chicken wire and are located closest to the net.

Serving is probably the other significant change. For all the ex-tennis players out there, no more 150km serves aimed directly at the body trying to sever a limb. In Pádel, it's a much more relaxed underarm serve, but don't let that fool you, they can still be very difficult to return a slicing, left-spinning hummer aimed at the wall.

### **Grandparents vs Grandkids**

Pádel is a game played by young and old alike. Children from primary schools are often seen taking lessons at the many clubs. Adults of all ages partake and enjoy this great sport and gentleman in their 70's regularly beat and humiliate me on the court (and sometimes off the court too!).

What a lot of people find is that pádel is a little bit easier than tennis. With tennis, if the ball goes past you, that's it, the point is over. Get it, you've lost! But in pádel, if the ball goes past you, well you get a second chance at hitting the ball back.

The other thing that encourages longer rallies is that it's usually played by doubles. Longer rallies mean more exercise which of course means burning off last night's kebab and chips.

So if you're looking into having a bit of fun and exercise, playing a great competitive sport, you should get out and try it. Most clubs offer lessons and court hire is pretty cheap. They can also organize other players for you to play against. You may even see me out there, I'll be the one dropping the f-bombs.

If you have any feedback for me, to dispute, argue, agree, support, harass or to pinch, flick me an email:  
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*by Brad H*

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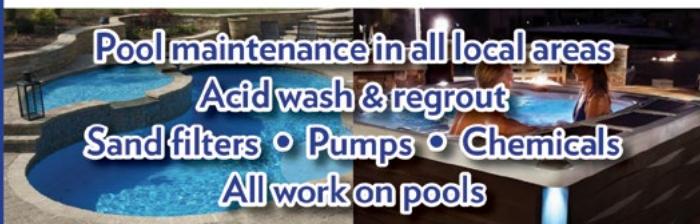
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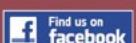
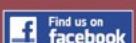
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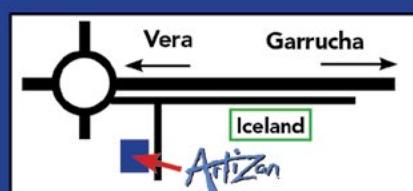
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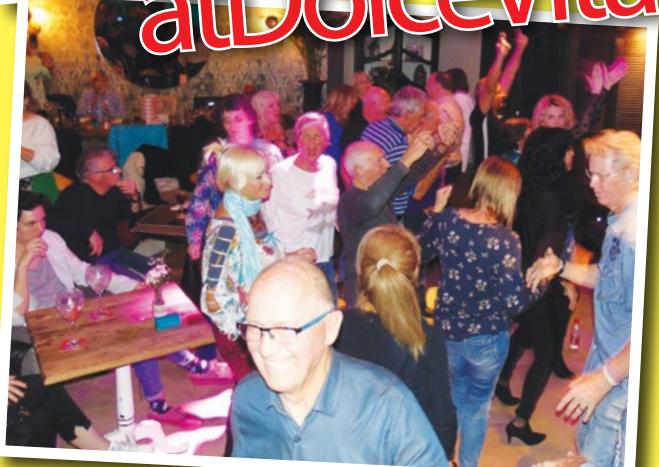
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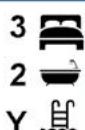
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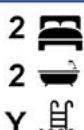
**VILLA**  
Los Perales Bajo  
Cortijo Grande  
**265,000 €**  
Ref. ME 1901

Stylish villa set in stunning Cortijo Grande area of Turre. Pool and amazing views of the valley and mountains. 2 floors with the living, dining & kitchen area with an internal patio and bar. Office. Bedrooms on the ground floor. There are several terraces and a pool area. Gasoil central heating.



**APARTMENT**  
Oasis del Mar  
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Ref. ME 1688

Top floor frontline apartment, superb sea views overlooking the Mojacar promenade and beaches. In a sought after residential complex with a large communal pool and beautiful gardens. East facing terrace of 17m<sup>2</sup>. AC /H. Underground parking space. Excellent rental potential.



**APARTMENT**  
Pueblo Terrazas  
Mojacar Playa  
**170,000 €**  
Ref. ME 2180

Gorgeous ground floor apartment on a very well kept complex with lovely pool and gardens, only 50 m from the sea. Recently refurbished. Independent access. Private patio of 27 m<sup>2</sup> and terrace of 15 m<sup>2</sup>. Parking space. Excellent rental potential.



**VILLA**  
Casa Zurbaran  
Mojacar Playa  
**289,000 €**  
Ref. ME 1746

Large 2 storey house in a centrally located residential area of Mojacar walking distance to the sea. Great potential to turn the house into one large villa or 2 separate properties. Parking for one car in the driveway. 2 terraces of 13 m<sup>2</sup> and 31 m<sup>2</sup>. Large basement that can be converted into more living space.



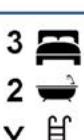
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Lovely apartment on sea frontline. Excellent sea views. Within easy walking distance of all amenities. In immaculate condition, on middle floor of a small complex. Wonderful pool & gardens. Covered terrace. Garage space. Sold fully furnished and equipped. Excellent rental potential.



**TOWNHOUSE**  
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**DETACHED VILLA**  
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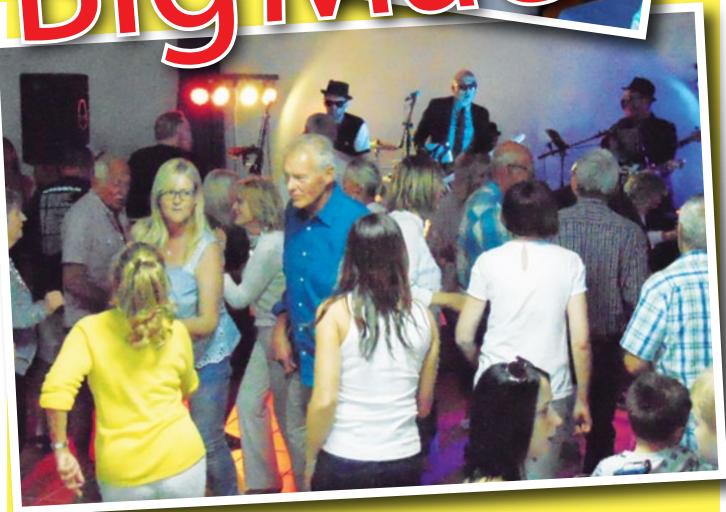
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# FUNERALS IN SPAIN

## ... What you need to know



WHILE thinking about our own mortality is not pleasant, when living in a foreign country, it is always better to have something in place to take away the stress at such a sad and emotional time for your loved ones.

With no funeral plans in place, under Spanish law the Guardia Civil must be called and a doctor contacted. The doctor will issue a temporary certificate, after which either the doctor or the Guardia Civil will contact a local funeral director to attend to the deceased. The Spanish funeral director will ask for a release form to be signed and in some cases the form is part of a legally binding contract. It usually does not disclose prices until after all the funeral arrangements have been made.

Living in a foreign country is not easy, especially when having to go through all the red tape we barely know anything about. I have found this to be the case more so when people are grieving.

The earlier you plan for such eventualities the better for you in terms of stress, emotion, affordability and peace of mind. It is extremely important to have provisions in place, in the event of a death when living in a foreign country.

When taking a pre-paid plan with Golden Leaves International, we take all the process, burden and decision making off your shoulders. At such a sad time it allows you to concentrate on the things that are most important to you and your family.

Everybody who takes a pre-paid plan, usually does so for personal reasons and circumstances. Over the years, I have found my clients commenting on the same common benefits which are:

- Taking the weight off their shoulders with a 24-hour emergency helpline. Ensuring that one call takes care of everything.

- Plenty of time to get family and friends over, possibly from overseas.
- Having Funeral Cover in both UK and Spain
- Being able to speak their own language
- No further cost to them or their family - due to the funeral cover being a set price and being pre-paid.

*For further information on the Funeral Plans please call Haylee on Tel: 950 049 431 Mob: 670 311 233, or visit her in the Turre office for advice or a chat.*



### HAYLEE ROEBUCK

*Marketing Manager*

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# Bon Appétit

## Gastronomy & Cooking - by Pig & Fig

### FABULOUS TAPAS

There is nothing more lovely than having a nice cold beer or glass of delicious Spanish wine with a tapa, a tasty morsel which is served in a bar or chiringuito and if you're lucky enough overlooking the beautiful Mediterranean sea, definitely one of life's simple pleasures.

The word Tapa originates from the Spanish word Tapar (to cover). The original tapa was a piece of cured meat like chorizo or jamon this was for practical reasons, to prevent the fruit flies hovering over the sweet sherry. In time this evolved into more elaborate tapas .. very humble beginnings for something which is now part of Spanish heritage.

The choices of tapas can be staggering and the quality varied, I'm always happy to pay a bit more for something different. We are lucky to live in an area where there are Tapas bars in abundance, along the seafront, up into the back streets of our lovely villages and surrounding area.

Having visited Northern Spain many times, there are bars on every street corner where the counters are laden with pintxos, each one better than the next, they are speared with cocktail sticks .. the sticks are then used as an indicator to the staff of how many you have consumed, and how much to charge you !

As part of Pig and Fig Cookery School we offer regular tapas classes, generally a Wednesday and Friday .. the repertoire has evolved and we now have 12 core dishes which change regularly. One of the tapas dishes we make during the class is ... Bunuelos de queso

#### INGREDIENTS - SERVES 8 AS A TAPA

70g plain flour  
50ml olive oil  
150ml water  
2 eggs , beaten  
55g Manchego cheese , finely grated, Pepper to taste  
Sun flower oil for frying



#### METHOD

- 1.Sift flour onto a plate .Place the olive oil and water Into a saucepan and slowly bring to the boil. As soon as It boils remove from the heat and with a wooden spoon beat In the flour, the mixture should be smooth and shiny and leave the sides of the saucepan.
  - 2.Leave the mixture to cool for 1-2 minutes, gradually add the beaten eggs, beating hard after each addition. Add cheese and season with pepper. No need to add salt as the Manchego is full of flavour
  - 3.Refrigerate until needed.
  - 4.Heat the sunflower oil In a deep pan to 180-190 degrees or until a cube of bread browns In 30 seconds.
  - 5.Drop teaspoons of the mix into the hot oil careful not to overload the pan. Cook for 3-4 minutes until they are golden and floating, turning occasionally .. drain onto kitchen paper
- The recipe is so versatile you can add a small amount of Jamon, chorizo , fresh chillies or snipped chives ..
- These are best served hot , sprinkle with a little paprika and sea salt ... serve with an ice cold beer or chilled glass of white wine .. an absolutely delicious tapa..



**Editorial provided by:**

Pig and Fig Catering & Cookery School, Centro Commercial Valle del Este, 04620 Vera, Almería  
M: 0034 711001357 / 0044 7507483527 [www.pigandfigcatering.com](http://www.pigandfigcatering.com) Email: [christine@pigandfigcatering.com](mailto:christine@pigandfigcatering.com)

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**f** The Advertiser Magazine

# Environmental Issues



## COASTAL Cleaners Andalucia are firing up for another active year.

We have cleans, the Aguilas Carnival, dolphin watching day trips and a fabulous 2 day sailing experience from Cartagena coming up, not to mention our 2nd birthday (more about that in a moment) and a 'plastic beating meeting' with local bar and restaurant owners to promote the CCA Approved Venue Awards 2020.

The Valentine's Day Beach lovers clean and Art event near Neptuno Mojacar was well attended with more than 30 people taking part. Collectively we removed 1000's of smaller items including Styrofoam, cigarette butts, lighters and plastic fragments. These pieces are easily eaten by marine life, which mistake it for food. It then fills their stomachs but is not digestible or nutritious and can lead to starvation.

While the teams cleaned we were joined by a number of talented locals who made beautiful sand sculptures, stone stacks and murals. The whole day was friendly and positive despite what is a fairly grotty job at times. It was great to be joined by so many new people and to have the support of regular CCA volunteers. Thanks to everyone who took part.

Our next clean up event will be the morning of our 2nd Birthday party, March 14th, which is being held from 1pm – 4.30 at Los Conteros Bar and restaurant in Villaricos with music from the All Skas. Tickets are priced at 10€ and include a main meal. They are available in advance from Los Conteros (Open Wednesday – Saturday lunch and evening and Sundays 11-5.00pm)

The clean will be held before hand, location to be confirmed at time of writing.

To learn more and/or get involved please see our Facebook Events page for details or contact Sue on 0034 634 398 465.



Pick up and Party!

Editorial provided by Sue Parmenter-Phillips from Coastal Cleaners Andalucia

Taking action against plastics, fishing paraphernalia and other litter on our beaches and coastline. We try to encourage a wide group of people to get involved through varied activities including litter picks, art, social gatherings and sports. In order to tackle the issue of prevention our activities also include educational projects and workshops, focusing on building awareness and sharing information about alternatives.

[www.coastalcleanersandalucia.com](http://www.coastalcleanersandalucia.com)

Coastal Cleaners Andalucia

# Beautiful you



## A Stroke of luck?

I was fifty-six when I had a stroke. It was a mini stroke, but nonetheless it was scary as it came completely out of the blue. I was having a coffee at home, watching an old movie, when suddenly I had flashes of colours, and jagged lines in my vision. At first I thought it was a problem with the television, but then realised that it was my eye giving me the problem. I dismissed it thinking it was eye strain as I had no pain at all ... yet this nagging voice in my head kept saying go to the doctor.

It was probably twenty minutes before I felt the first signs of numbness on the side of my face. I decided it was time to listen to my voice and go to get checked out. A doctor told me I was probably having a stroke. Scary news, yet I was calm. Even as I was on the way to the hospital I was calm, and I was thinking, as I felt the numbness slowly spread from up the side of my face, I hope this doesn't affect my spooky bit! I feel a sensation of pressure in my pineal gland at the crown of my head when I am connecting with spirit, and refer to it as my spooky bit, so I was concerned that if the damage got to this part of my head I wouldn't be able to continue to connect with spirits.

When you have to deal with a serious health issue it is difficult to try to stay detached from the cause of the problem as this can be overwhelming, and to break it down into smaller effects of it. So I measured my ability to speak, which was a bit garbled and I kept forgetting the word I wanted to use, my levels of fatigue, and my memory.

My short term memory had completely disappeared into the ether and I lost track of what I was saying half way through a sentence. I have always been a very good communicator, so to be in this state was very upsetting for me. However, I considered myself very lucky not to have had a major stroke. I could walk, and speak, and so I decided that instead of feeling anguish about my new limitations I would choose to look at it in a different way and announced to my son that I had been given a head transplant, the old head had gone, so now I would see what I could do with this one!

Choosing to be positive by no means means that I don't feel fear, or have reservations about my life, it just means that I believe that we are never powerless. If you can't change your situation, you can certainly change your attitude to it. You choose how to react. So this new head made me consider my life.

I was single. I was able to work. I didn't own my home. My family were worrying about me, with all the logical questions. What if I had another

stroke, I had no partner to take care of me, what if I wasn't able to continue to support myself... etc etc. It was then that I realised that I had more freedom than they did. I could rent a home anywhere I

wanted to be because I wasn't tied to a property, an employer or a partner. I now had a client base in Spain so decided to move there and travel back to the UK instead of living in the UK and travel to Spain.

I do believe that happiness improves your health, so I gave away all of my worldly goods, and booked a one way ticket to my new life in Mojacar.

However, I am not foolhardy, and admit that I was very nervous as I took my seat on the plane. Was I sure I was doing the right thing? Could I really live this dream or was I being selfish?

I remember looking out of the window as the plane climbed higher, with tears running down my face. I told myself to take a breath. Trust is so easy when you are safely tucked up in a cosy home, and I talk about trusting spirit every day, why have second thoughts now?

So I asked for a sign to give me some reassurance that I would be ok and immediately the lady sitting next to me asked me if I had a handkerchief as she needed to clean her glasses. I replied yes and reached for my handbag. I handed her the mini pack of tissues only to find one of my business cards was stuck to it. She looked at the card, and with a huge smile said "Oh my goodness, how fascinating, may I ask you a question?" We then spent the next 3 hours chatting and I passed on messages from her mother, her father and her sister. This was my sign, that I would be fine as I believe that if I am meant to do a reading for someone, then spirit arranges this.

I am still living in Spain, in a lovely home overlooking the beautiful Mediterranean sea. I am still single, and waiting for my Mr Right and avoiding Mr Wrong.

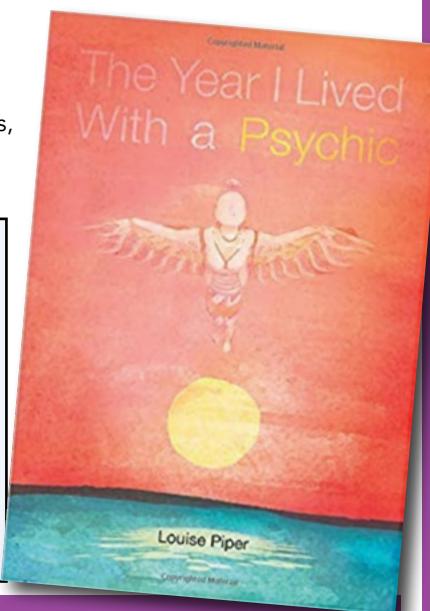
Will I find him? Absolutely.

Follow your heart and your soul will be happy. Change your life, change your dreams, change your destiny and always follow your guides.

Author Louise Piper came to stay with Joyce for a time and has just published the book she wrote about her experience while living with Joyce, psychic medium.

It is now available on Amazon UK and Amazon Spain.

Do not miss out. This book is not to be missed and at this amazing price it makes a fantastic gift.



### Editorial provided by Joyce Vernon

**Joyce is a professional psychic medium with over 45 years experience.  
She offers private sessions and also Skype and Facebook messenger readings.  
She is a Reiki Master and also teaches both Reiki and Prana energy healing.  
Joyce has worked with the police in the UK with murder and missing persons cases.  
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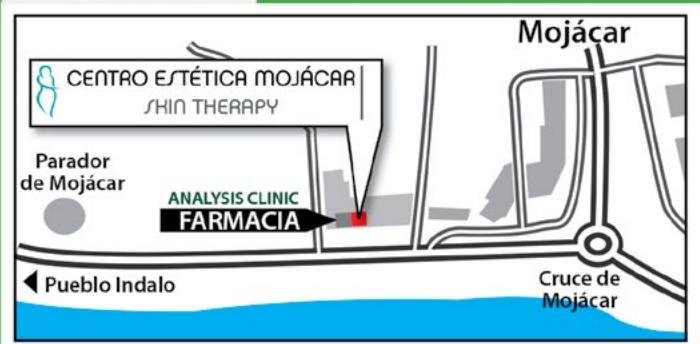
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# Welcome to your monthly hair dot com

By Beth Underhill

EACH month I am looking forward to sharing my knowledge of hair care with you. As a Vocational Trainer and Assessor for the examiners Scotvec and a salon owner for over 30 years, my passion is the science of hair and how to respect it using salon chemicals.

I will be giving you some useful tips and advice on how you can protect and care for your hair.

## LIVE AND LET DYE.....

### How permanent hair colour can affect your hair.

As hairdressers and borderline scientists, one of our jobs is to keep you safe from harsh chemicals, help you to make the right choice of colour and to keep your hair in optimum condition throughout the chemical changing process of permanent colouring.

I hope to arm you with enough information so that the next time you have your colour changed or roots topped up you have an insight as to what us hairdressers are up to.

### Ammonia free or not?

Firstly, the cuticle or the protective layer that surrounds each hair shaft (like the bark of a tree protects the tree) has to swell allowing the artificial colour to enter the hair shaft; this is done by the use of ammonia or monoethanolamine (MEA) which is found in colour. Some colours are 'ammonia free' which one would think would be kinder on the hair but in fact research has shown that MEA which is used instead of ammonia can be more damaging to the hair, it serves the same function but is a liquid, not a gas so

it stays in the hair longer. Ammonia-free products could give you a weaker colour as MEA doesn't swell the hair cuticle as much as ammonia, therefore the dyes don't penetrate as far, so the results are typically not as good as what ammonia colour can deliver.

### It's all in the mix

Secondly, the proteins that give your hair its natural colour are just below the cuticle, these proteins have to be altered or removed to make way for the new colour to be deposited using oxidants or hydrogen peroxide, so if you see your hairdresser mixing bottles of this with tubes of that, it's all in the mix.

### DID YOU KNOW?

#### Skin Testing (Patch test)

Some hair colours have a chemical called Paraphenylenediamine (PPD). PPD is used because it is a permanent dye that gives a natural look, however, PPD can cause an allergic reaction in some people. As a new customer to hair colouring it is recommended that you are tested at least 48 - 72 hours before a colouring your hair.

#### Hair colouring during pregnancy

Experts suggest avoiding colouring hair during pregnancy using chemical dyes.

#### Hair loss

There is no evidence to suggest that hair colour causes hair loss but putting colour on top of colour. "This process of emptying and filling the hair with colour can cause hair damage which can lead to breakage.



### Development time

Hair colour has a built in timer. After a certain point the colour will stop working, however the manufacturer's minimum development time must be allowed.

### You can't put it back

The colouring process removes natural colour from the hair that you can't put back which is why a slight orange or yellow tone is left on the hair once the artificial colour starts to fade.



### White hair

Some white hair is unable to accept colour due to the lack of protein within the hair.

### Built in conditioners

Some artificial hair colours have conditioners built within the colour to promote shine.

### Locking it all in

Once your colour has developed and rinsed off the cuticle or the protective layer has to be closed down to prevent your colour fading, this is done by using a special anti-oxygen conditioner that most salons will use after they have coloured your hair.

### After Care

Chlorinated water, salt water, sun, harsh brushing, the wrong shampoo, are all elements that can cause your colour to fade. Using a surface shampoo and conditioner will help to keep your colour lasting longer.



### NEXT MONTH

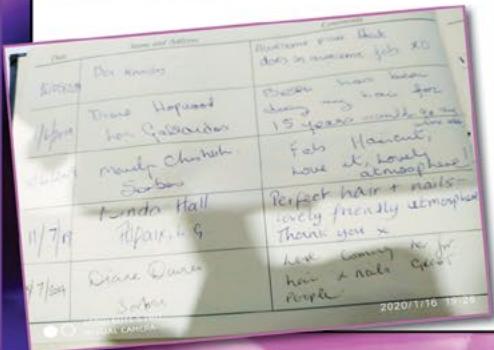
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# just for laughs

*Here are some articles, jokes or items in the news that we hope that you, our readers, will find amusing.*

Celeste Barber is a trained actor, writer, comedian, and internet sensation. She has been recreating celebrity Instagrams with Hilarious results. In January 2015 she started this as a fun experiment to see what it would look like for an average person to photograph herself doing rich people things. The appeal of this comic 'everywoman' has attracted some high profile fans including Robbie Williams, Ashton Kutcher, Cindy Crawford and Kris Jenner, to name a few.  
CELESTE IS REAL, SHE IS FUNNY, AND THE WORLD CAN'T GET ENOUGH...

## Celeste Barber



**FACEBOOK: CELESTE BARBER**



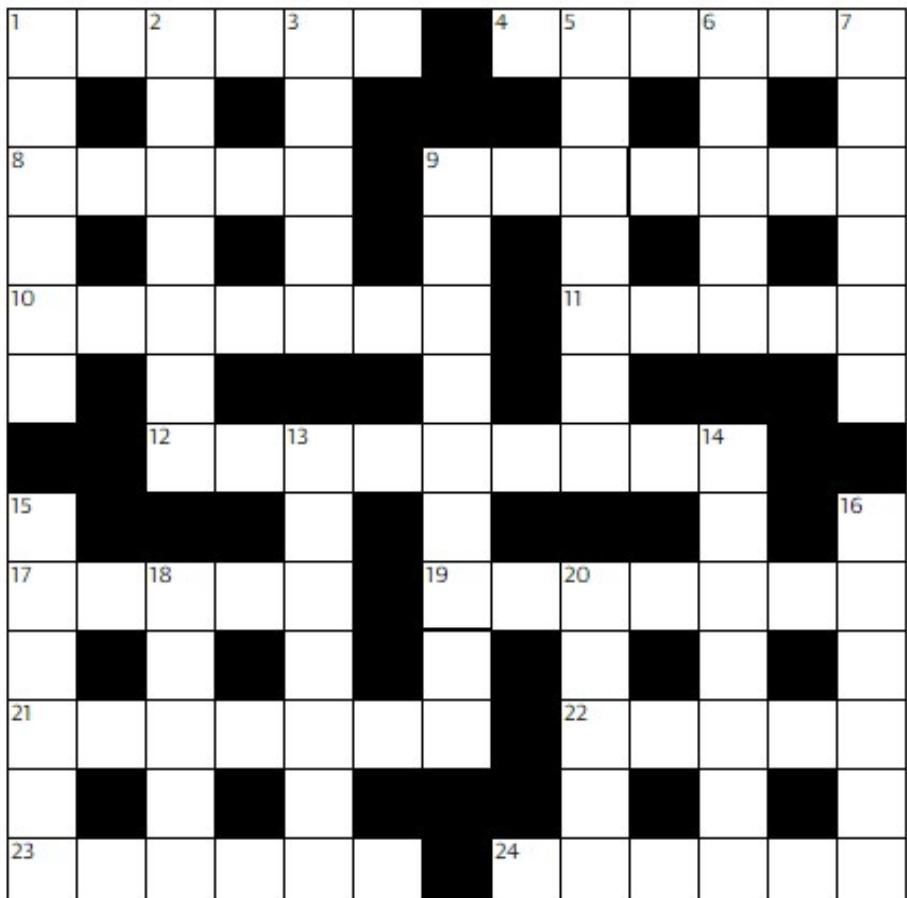
## Sudoku Easy

3						6	9	
		6		3				
4		5				3		
	3			6		9	8	
1	2							
		8			1			
8								
9			5			3		
		1		2	7			

## Sudoku Hard

						4		2
						7		
						4	8	
						9		6
						5	2	
8	3	9				2	7	5
						3	8	7
						5	2	9
						4		3

## Cross Word

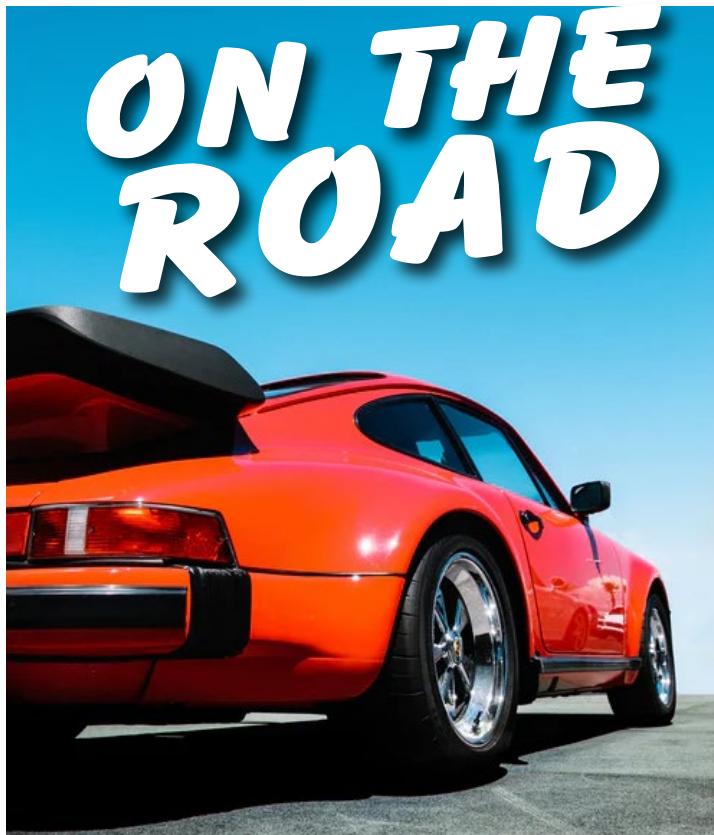


### Across

- 1 Handle clumsily (6)
- 4 Electricians (informal) (6)
- 8 Tibet's Forbidden City (5)
- 9 More than enough (3,4)
- 10 Device that measures the flow of electrical current (7)
- 11 Also-ran (5)
- 12 Sell off book stock cheaply (9)
- 17 Bring upon oneself (5)
- 19 Authentic (7)
- 21 Bereft (7)
- 22 Increase in pay (5)
- 23 Refuse to comply (6)
- 24 Carnivore — saw eel (anag) (6)

### Down

- 1 Heavy short-tailed polar bird (6)
- 2 Country on the Bay of Bengal (7)
- 3 Vaulted (5)
- 5 Moved about restlessly and stealthily (7)
- 6 Trounces (5)
- 7 World's largest desert (6)
- 9 Off to bed (7,2)
- 13 Shows a reflection (7)
- 14 Dried grapes (7)
- 15 Lift — nick (6)
- 16 Edible grain (6)
- 18 Keeps in check (5)
- 20 Family of Germanic languages spoken in Scandinavia and Iceland (5)

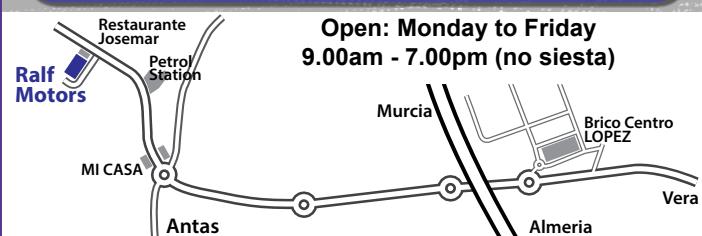


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# Community

## The Dames in Spain - Mojacar

### International Women's Day

**THE Dames in Spain have celebrated IWD for a number of years, at various venues and with different speakers.**

For the centenary year in 2011 we joined forces with the Dames in Turre and invited all women in the area to the Centro de Multi Usos were amongst our speakers was Carol Lee the President of the Girl's Friendly Society. We later served a buffet lunch to the packed hall.

In 2012 we celebrated at Dolce Vita with afternoon tea, then for a number of years Desert Springs Golf club was our IWD venue. 2018 saw us change venue to Marau in Vera Playa, then 2019 at Hotel Continental, Mojacar.

So to 2020 - this year we will be celebrating at Lua Puerto Rey on Tuesday 10th March. Our guest speaker will be the singer Lady Ellen. This event is open to all members and friends. The menu and further details can be found on our facebook page - Dames in Spain.



# Community



## The Big Mac 6, 9th February 2020, Hostal Rural, Turre



**WE were blessed with fabulous weather. We had record numbers of people through the gate (in excess of 700!) and at first count, prior to banking, you helped us to raise - we still can't believe this.....over 8,000 euros. In one day. Absolutely amazing!!!**

An event like this takes months of planning and wouldn't be possible without the dedication of the MACS Fundraising Team, the MACS volunteers, the fantastic support of the musicians, who gave their time f.o.c., the stall holders, everyone who made sandwiches, baked cakes and all the businesses and individuals who so generously donated prizes for the tombola. MACS would like to say a truly heartfelt THANK YOU.

The proceeds from The BM6 will continue to help in our quest for a much needed hospice. Importantly, MACS are able to help and support patients on a daily basis.

### Sincere thanks go to:

Tim Ridgway for supplying the sound system and working alongside all the artists on the stage in the main building. Although Tim did the same for our 2019 September BBQ, this was his first Big Mac organisation, but hopefully not his last!



Paul Rawlins for MC'ing the whole event - keeping a tight rein on the timings and generally keeping everyone entertained between acts.

Richard Purvis for organising the artists in Chiringuito Extreme. His first Big Mac organisation, but also hopefully not his last!

### In the main building:

Abba Solutely Fabulous (Michelle Miles and Kayleigh Easton), Jack Law, Ellen Turner, Shayne Prince, Carol George, The All Skas (Paul Rawlins, Paul Ingman, Tim Ridgway, Brian Smith, Alf Waldon), Tony Justice, The Rascals (Jill Farmiloe, Dave Eccles, Simon Sinclair, Ian Henry).

### In Chiringuito Extreme:

Patrick Pierse, Seamus Harty, No Trouble (Shaun Faulkner, Stephanie Swanton, Howard Kelly), Filabres Mountain Daredevils (Pete Thom, Kevin Borman, Pete Curran, Phil Hadley, John Bremer, John Wallis), Plan Bee & The Groove (Dennis Hawke, Gary Dear, Pedro Rida), The Happy Pluckers (Delice Purvis, Richard Purvis, Dave Smith, Steve Doughty, Arnand Thompson).

Jemma Wilson from Rosie Lees for donating a fabulous (huge!) cake, complete with the Big Mac 6 logo and for raffling it, on behalf of MACS, during the day. This was won by Dave Walsh, who said he would cut a piece off and re-donate the remainder of the cake back to Rosie Lees. Jemma agreed to slice and sell it, donating the proceeds to MACS.

Mick Weston as ever for the fantastic posters.

Kev Moore for updating and letting us use his poster design.

Manuela and team from Hostal Rural.

Manolo and team from Chiringuito Extreme.

All the MACS volunteers and finally you, the public, for supporting MACS. We wouldn't be in a position to help and support so many people - past, present and future without you.

THANK YOU.

NB: The winner of the Squares Board was a lady call Blanca. She wasn't present when we drew the winning number. She was contacted and has collected the 200 euros prize from the Macs shop in Mojácar.



**Editorial provided by Shannon Kay Edwards from Macs Cancer Support  
Helpline: 634 656 555 General Enquiries: 634 328 334**

**macscancersupport@live.co.uk www.macscancersupport.co.uk**

**Registered Address: Avenida Almeria, Local II, 04639 Turre, Almeria. NIF Number: G04691572**

# Community

## SHOESTRING PRODUCTIONS

That madcap cast of Shoestring Productions have begun rehearsals for The Meeting That Never Was. Yes, another profound story of Hotel La Resistance from young Mr Jim Grey.... the fourth play in the trilogy..... his words. Performances will be 2nd, 3rd, 4th and 5th of April, at Montmartre Restaurant, Mojácar, so prepare yourself for a fun-filled treat in the run up to Easter! 'Like' us on Facebook, Shoestring Productions, for further information on tickets and box office, and online reservations.



### Useful Numbers



**POLICE, FIRE,  
AMBULANCE,  
CIVIL  
PROTECTION**  
(MULTILINGUAL OPERATORS)

**112**

**GUARDIA CIVIL**  
**062**

**LOCAL POLICE**  
**092**

**COAST GUARD**  
**900 202 202**

**BRITISH  
CONSULATE**  
ALL AREAS (24HRS)  
**902 109 356**

**IRISH EMBASSY**  
**914 364 093**

**RADIO TAXI  
LEVANTE**  
**950 888 111**

### AGE SUPPORT

fund-raising event

#### 1920'S CASINO NIGHT

at Harley's Bar, formerly Legends opposite Bowling Alley.

Saturday 28th March  
from 7pm.

1920'S FANCY DRESS.

Sonny Boy Blues Band,  
1920's singer Claire Stoner.  
Roulette, Blackjack, Raffle.  
Tickets €10 including 2 course  
meal. Age Support shop, Albox.  
or Ellen Green Facebook  
for info and to reserve tickets.

### Dames in Turre

#### MARCH 8TH

#### INTERNATIONAL WOMENS DAY

A lunch will be held on Monday 9th March at Hostal Rural for members and their guests.

Contact Carol Pazdzierski  
pazdzieca@yahoo.com  
for information

#### MARCH 30TH EQUINAC PROJECT UPDATE AND NEXT STEPS

All members are welcome to these events as are guests. Please make sure you register with the membership secretary when attending a meeting as member or guest. Your committee look forward to welcoming you!

For information on  
Dames in Turre please contact  
our membership secretary  
Eileen McGill  
eileenmcgill@hotmail.co.uk  
652 298 072  
Sent by Gill Cronin  
(Press and Publicity)  
gillycronin64@gmail.com

### OUT OF HOURS CHEMIST

#### ROTA FOR MARCH

- GARRUCHA - JUAN GEA CINTAS (Días: 8, 16, 24)  
C/Mayor s/n (near Cinema). T: 950 132 279
- GARRUCHA - LUÍSA MOLDENHAUER (Días: 6,14, 22, 30)  
C/Mayor 144. T: 950 460 085
- MOJÁCAR - JUAN JOSÉ CRESPO HARO (Días: 4, 12, 20, 28)  
P/Mediterráneo 231 (near Pueblo Indalo) T: 950 472 016
- MOJÁCAR - FRANCISCO SALAS (Días: 1, 9, 17, 25)  
P/Mediterráneo 237 (opposite Red Cross) T: 950 615 080/069
- MOJÁCAR - MIGUEL ABELLÁN BERRUEZO (Días: 5, 13, 21, 29)  
P/ Med. 343, C/Piedra Villazar 2 (near Parador) T: 950 475 282
- MOJÁCAR - EDUARDO VALERO GONZÁLEZ (Días: 2, 10,18, 26)  
P/Mediterráneo 411, Local 42. T: 950 472 661
- MOJÁCAR - JAVIER ABELLÁN (Días: 7, 15, 23, 31)  
C/Silos 14, Mojácar Pueblo. T: 950 478 029
- TURRE - BLANCA RUBIO (Días: 3, 11, 19, 27)  
C/Las Tiendas 1. T: 950 479 012
- VERA - ELISA BELMONTE (Días: 1, 16-29)  
C/Mayor 69. T: 950 393 343
- VERA - SUSANA RABEL (Días: 2-8, 30, 31)  
C/Mayor 100. T: 950 390 410
- VERA - JUAN DE LA CRUZ BELMONTE MENA (Días: 9-15)  
C/Alfredo Almunia 18. T: 950 390 136
- ALBOX - ESTEBAN GRANERO (Días: 3-9, 31)  
Plaza San Francisco 24. T: 950 120 234
- ALBOX - FLORENTINA MARTINEZ (Días: 10-16)  
C/Llano de los Olleres s/n. T: 950 434 170
- ALBOX - FÉLIX L. MIRÓN (Días: 17-23)  
Plaza García Haro 1. T: 950 430 037
- ALBOX - JOSÉ PAREDES (Días: 1, 2, 24-30)  
Plaza del Pueblo, s/n. T: 950 121 079
- HUERCAL OVERA - JAIME GIMÉNEZ (Días: 2, 10,18,21,22,26)  
Avda. Guillermo Reyna 24. T: 950 470 410
- HUERCAL OVERA - ROCÍO BERGILLOS (Días: 4, 7, 8, 12, 20, 23, 31)  
Plaza Constitución 14. T: 950 470 082
- HUERCAL OVERA - AMBROSIO BERNAL (Días: 1, 5, 13, 16, 24)  
Plaza Constitución 5. T: 950 470 014
- HUERCAL OVERA - MIGUEL BALLESTA (Días: 6, 9, 17, 25, 28, 29)  
Guillermo Reyna 16. T: 950 470 040
- HUERCAL OVERA - JOSÉ CAPARRÓS (Días: 3, 11, 14, 15, 19, 27, 30)  
C/Dr. Jiménez Díaz 26. T: 950 456 413/950 470 131

# Community

We are always in need of volunteers to help in so many different ways, even administration work which can be done from home. For further information please visit our website: [www.paws-patas.org](http://www.paws-patas.org) or email: [info@paws-patas.org](mailto:info@paws-patas.org)



This is Roger. He's 9 years old and really deserves a "forever home". His previous owner abandoned him. He has been in the shelter for 2 years. A good looking boy and very friendly with other dogs. He walks well on a lead, and loves to cuddle and play.

Please email: [dogs@paws-patas.org](mailto:dogs@paws-patas.org).

For all other information regarding volunteering, etc, visit the website: [www.paws-patas.org](http://www.paws-patas.org) or email: [info@paws-patas.org](mailto:info@paws-patas.org)

For information regarding adoption, donations or volunteering visit our website :  
[www.paws-patas.org](http://www.paws-patas.org)

## Bowling Clubs

ALMERÍA BOWLING CLUB: Shirley Jackson: Tlf: 679 970 399

INDALO BOWLING CLUB: Jan Dando: Tlf: 950 064 011 or 671 865 675

CABRERA LAWN BOWLING CLUB: Ian Jackson: Tlf: 634 340 361

MOJACÁR BOWLS CLUB: Verna Bimpson: Tlf: 950 473 072

ZURGENA BOWLING CLUB: Tlf: 629 311 200 / 634 335 988 [www.zurgenabc.com](http://www.zurgenabc.com)

## Golf Clubs & Societies

AGUILON GOLF MEMBERS: Les Raufer: Tlf: 636 938 404 or 634 641 199

ALMERÍA GOLF LEAGUE: Les Raufer: Tlf: 950 619 273 or 634 641 199

BOXERS GOLF SOCIETY: Tlf: 607 675 318 or forums section of [www.Arboleas.co.uk](http://www.Arboleas.co.uk)

CORTIJO GRANDE GOLF CLUB: Mike Picken: Tlf: 950 475 509

FORUM GOLF SOCIETY: Richard Price: Tlf: 634 305 353 [rfp53@yahoo.co.uk](mailto:rfp53@yahoo.co.uk)

MOJACAR GOLF SOCIETY: Lynn Sefton: Tlf: 667 349 908 [raylynsefton@gmail.com](mailto:raylynsefton@gmail.com)

TSB GOLF SOCIETY TURRE: Tlf: Dez 677 161 705 or Mark 663 603 898

URCAL GOLF SOCIETY: Steve Dodd - Tlf: 608 238 827 [stevedodd652@yahoo.co.uk](mailto:stevedodd652@yahoo.co.uk)

VALLE DEL ESTE GOLF SOCIETY: Alan Townsend: Tlf: 690 090 982

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## DATES FOR YOUR DIARY

### March

1. St David's Day (Wales)
5. The Royal British Legion Mojacar Branch Meeting will be held at 11:30 at The Artesan Centre, Mojacar Pueblo. Our speaker this month is Lizzie Cooke who is giving a talk on "Wellness" Everyone is welcome, friends, members and non-members, come along and join us. For further details and information about events or meetings call: 950 099 483 or email: [mojacar.secretary@rbl.community](mailto:mojacar.secretary@rbl.community)
6. Badgers Bar Restaurant are holding a Fish & Chip night at 7:30 pm on Friday in support of the Royal British Legion. There will be a quiz from Tony Mathews and a raffle.
8. International Women's Day
17. St Patrick's Day (Ireland)
19. The Royal British Legion Mojacar Social Meeting will be held at 11:30 at The Hotel Continental on the Playa. Everyone is welcome, friends, members and non-members, come along and join us on their beach view, enclosed terrace. If you would like more information call: 950 099 483 or email: [mojacar.secretary@rbl.community](mailto:mojacar.secretary@rbl.community).
22. Mother's Day (UK).
26. The Social Meeting and the third annual Petanque Competition will be held at Hostal Rural, Turre. Everyone is welcome, please arrive for registration to play at 10:00 am. For further details and information about events or meetings call: 950 099 483 or email [mojacar.secretary@rbl.community](mailto:mojacar.secretary@rbl.community)
29. Daylight Saving - Clocks go forward by 1 hour.

### ANGLICAN CHURCHES OF COSTA ALMERIA & COSTA CALIDA CHURCH SERVICES FOR FEBRUARY

#### MOJACAR – SAN PASCUAL

Every Sunday - Eucharist 11am

#### LLANOS DEL PERAL

Every Sunday - Eucharist / Morning Prayer 11am

#### ALJAMBRA CHAPEL, ALBOX

Sunday March 8th - Evensong 6pm

Thursday 12th - Eucharist 11am

Thursday 26th - Eucharist 11am

Thursday 26th - After Service Lent Lunch

## MOJÁCAR COMMUNITY LIBRARY



Mojácar Community Library has ordered 60 new books over the last few months which are on the shelves now.

A selection of the authors includes; James Patterson, Javier Marias, David Baldacci, Anthony Horowitz, Stella Rimmington, Danielle Steel, Nora Roberts, Mads Peder Nordbo, Robert Goddard and Jeffrey Archer.

You can find the Library, which is staffed by volunteers, at the Centro de Usos Multiples (previously Artisan Centre) in the basement next to the bar. It is open Mondays, Wednesdays and Fridays from 11am to 1pm, throughout the year, with a yearly subscription of 12 Euros per household.

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